

DEPARTMENT OF KINESIOLOGY AND HEALTH STUDIES

PURPOSES OF THE DEPARTMENT

The Department of Kinesiology and Health Studies includes three undergraduate majors: Bachelor of Science in Athletic Training, Bachelor of Science in Health Education and Promotion, and Bachelor of Arts in Kinesiology. Areas of study are community and worksite health promotion, fitness and human performance, athletic training, teacher certification in health and physical education, exercise science, and sport management. The Department is committed to five distinct and independent missions: (1) Pre-service teacher preparation; (2) non-teaching preparation in health promotion, sport management, athletic training, and exercise science; (3) graduate education; (4) scholarship; and (5) public service through outreach activities. The educational goal is to prepare prospective health and kinesiology educators with a quality foundation which will allow them to assume professional roles in society through careers in business, industry, agencies, hospitals, and educational settings.

A variety of sport, fitness, and dance activity classes are available to all students in the University. Non-kinesiology majors are recommended to take 100 level kinesiology laboratory courses because of their life-time emphasis.

A master's degree is offered in Health and Kinesiology. Within the degree are concentrations in health studies, health promotion and exercise science, kinesiology, and exercise science.

Computer Literacy Validation. Computer literacy is defined in the Department of Kinesiology and Health Studies as follows: The ability to use a computer to input data, to use e-mail and to access data through the Internet. Students who complete the requirements of their major must use the computer for computer assisted learning including interactive programs, must use e-mail, and must access data through the Internet. All students, therefore, who successfully complete a major in the Department of Kinesiology and Health Studies are deemed computer literate.

HONORS DIPLOMA IN THE DISCIPLINE

The department also offers an upper-division honors curriculum allowing its students to earn an honors diploma in each *major* at graduation.

CURRICULUM IN ATHLETIC TRAINING LEADING TO THE DEGREE OF BACHELOR OF SCIENCE

FIRST SEMESTER..... S.H.		FIRST YEAR		SECOND SEMESTER		S.H.	
†English 101	3	†English 102	3	†English 102	3	†English 102	3
†Psychology 101	3	†Health Studies 132	2	†Health Studies 132	2	†Health Studies 132	2
†Chemistry 101/103 or 121/123	4	†Athletic Training 141	3	†Athletic Training 141	3	†Athletic Training 141	3
†General Biology 151/152	4	†Math 162, 163, or 241	3	†Math 162, 163, or 241	3	†Math 162, 163, or 241	3
†Math 161	3	†Zoology 250/252	4	†Zoology 250/252	4	†Zoology 250/252	4
Orientation 101	0-1	†Kinesiology 275	3	†Kinesiology 275	3	†Kinesiology 275	3
	17-18						18
		Summer					
Zoology 251/253	4						
		SECOND YEAR					
†Sociology 101	3	*Athletic Training 203	2	*Athletic Training 203	2	*Athletic Training 203	2
†Communication 211	3	*Athletic Training Lab 208	1	*Athletic Training Lab 208	1	*Athletic Training Lab 208	1
†English 230, 231 or 232	3	*Athletic Training 210	2	*Athletic Training 210	2	*Athletic Training 210	2
†History Elective	3	*Athletic Training 241	3	*Athletic Training 241	3	*Athletic Training 241	3
†Music, Visual Arts, Dance, or Theater	3	*Athletic Training Lab 244	2	*Athletic Training Lab 244	2	*Athletic Training Lab 244	2
†Nursing 233.....	3	†Kinesiology 372	3	†Kinesiology 372	3	†Kinesiology 372	3
		†Kinesiology 392/393	3	†Kinesiology 392/393	3	†Kinesiology 392/393	3
	18						16

THIRD YEAR

*Athletic Training 300 ¹	1	*Athletic Training 315 ¹	1
*Athletic Training Lab 305	1	*Athletic Training Lab 320	1
†Family and Consumer Science 342	3	†Kinesiology 321	3
*Athletic Training Lab 358	1	*Kinesiology 326	3
*Athletic Training 363	3	*Athletic Training Lab 366	1
*Athletic Training Lab 370	1	*Athletic Training 367	3
*Athletic Training 371	3	*Athletic Training 382	2
	13		14

FOURTH YEAR

*Athletic Training 400 ¹	1	*Athletic Training 415 ²	1
*Athletic Training Lab 405	1	*Athletic Training Lab 420	1
*Athletic Training 455	3	*Kinesiology 436	3
*Athletic Training 462	3	*Athletic Training 466	3
*Athletic Training Lab 468	2	*Athletic Training 471	2
*Athletic Training 469	3	†Elective	3
Athletic Training Lab 470	1		
	13		14

Total semester hours required 127-128
 Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

†A grade of "C" or better required.

*Clinical Progression Course; grade of "C" or better required.

Computer Literacy Validation

Computer literacy validation is defined by the Athletic Training Education Program as the ability to use a computer to input data, to use e-mail and to access data through the Internet. Students who complete the requirement for a major in Athletic Training must use computer assisted learning including interactive programs, must use e-mail, and must access data through the Internet. Therefore, all students who complete a major in Athletic Training are deemed computer literate.

¹Provides the student with the opportunity to practice and apply the athletic training clinical proficiencies under the supervision of a qualified clinical instructor for a minimum of 225 hours per semester. An average of about 15 hours per week.

²Provides the student with the opportunity to practice and apply the athletic training clinical proficiencies under the supervision of a qualified clinical instructor for a minimum of 150 hours per semester. An average of about 10 hours per week.

ATHLETIC TRAINING SELECTIVE PROGRESSION AND RETENTION POLICY

The Department of Kinesiology and Health Studies of Southeastern Louisiana University reserves the right to recruit, admit, and retain only those students who demonstrate evidence of being academically, physically, mentally, and emotionally capable of performing safe acts of athletic training in a professional manner.

The Department of Kinesiology and Health Studies will permit only those students who have been formally accepted in the athletic training program to register for the following clinical progression courses:

Athletic Training (ATHT): 203, 210, 241, 300, 315, 363, 367, 371, 382, 400, 415, 462, 455, 466, 469, and 471;

Athletic Training Labs (ATLB): 208, 244, 305, 320, 358, 366, 370, 405, 420, 468, 470;

Kinesiology (KIN): 326.

Students are required to submit an application for admission into the athletic training clinical progression courses. The application must be favorably acted upon by the Department of Kinesiology and Health Studies Athletic Training Admission and Retention committee before a student is allowed to enroll in the clinical athletic training progression courses. The number of students selected for progression each semester will vary according to the clinical resources.

PROGRESSION PROCEDURES AND POLICY

Students are required to submit an application before enrolling in athletic training clinical progression courses.

- a) Applications are available in the Department of Kinesiology and Health Studies Department office and from the Athletic Training Education Program web page (www.selu.edu/athletictraining).

- b) The application for admission must be on file in the Department of Kinesiology and Health Studies office by October 1st at 4:30 p.m. in the fall semester to enroll in the following spring semester athletic training clinical progression courses
- c) All applications for admission will be processed by the Department of Kinesiology and Health Studies Athletic Training Admission and Retention committee. The student will be notified within three weeks of their status of being permitted to enroll in the athletic training clinical progression courses.
- d) Students who make application will be considered for progression using the following criteria:
- 80% Academic Achievement**
20% Professional Experiences Related to Athletic Training

The **"Academic Achievement" (80%)** is evaluated by the students completing their first *39 credit hours with at least a **2.5 GPA.

<u>Assignment of Point Value</u>	<u>Points</u>	<u>Percentage Score</u>
if GPA = 3.83- applicant earns	80 points	80%
if GPA = 3.64-3.82 applicant earns	70 points	70%
if GPA = 3.45-3.63 applicant earns	60 points	60%
if GPA = 3.26-3.44 applicant earns	50 points	50%
if GPA = 3.07-3.25 applicant earns	40 points	40%
if GPA = 2.88-3.06 applicant earns	30 points	30%
if GPA = 2.69-2.87 applicant earns	20 points	20%
if GPA = 2.50-2.68 applicant earns	10 points	10%
if GPA < 2.50, application denied		

*A student may be enrolled in four (4) hours of Anatomy and Physiology courses during the semester they submit their application (Fall Semester), but must complete those four (4) hours of Anatomy and Physiology with a grade of a "C" or better.

**If a student's GPA falls below a 2.5 at the end of the Fall semester of application then he/she will no longer be eligible to enroll in the athletic training clinical progression courses.

Students may elect to temporarily waive ATHT 141 for application purposes if they produce a letter from a NATABOC certified athletic trainer stating that the student has obtained at least 300 hours of practical hands-on experience under their direct supervision at the collegiate, high school, clinical or professional sports level. The student will still have to complete this course prior to being awarded their degree.

The **"Professional Experiences" (20%)** is evaluated from students producing documentation of their experiences from the following criteria:

<u>Assignment of Point Value</u>	<u>Points</u>	<u>Percentage Score</u>
High School/College Athletic Training Experience	(30 points max)	6%
Professional Conferences/Meetings Attended	(30 points max)	6%
Extracurricular Activities related to Athletic Training	(20 points max)	4%
Certifications/Professional Memberships	(20 points max)	4%

The members of the Athletic Training Admission and Retention Committee individually award points per category based on the documentation provided by the applicant. The Admissions and Retention committee members interview each applicant and further verification could possibly be requested after the interview to substantiate the applicant's claim of professional experiences. The points are awarded a numerical value and averaged with a maximum score of 100. The score is then converted to represent 20% of the applicant's total score.

- e) A medical history and physical examination will be required prior to taking the first clinical progression courses and must be submitted to the Program Director. All forms are provided by the Department of Kinesiology and Health Studies and can be located in the main office. The criteria for evaluation of the physical examination is based on the "Core Performance Standards for Admission into the Athletic Training Education Program" and agency requirements. A copy of the standards can be obtained in the Kinesiology and Health Studies Department office and on the Athletic Training web page (www.selu.edu/athletictraining). Included in the medical history, students must also produce documentation of their vaccination status of Mumps, Measles, Rubella (MMR), Hepatitis B (or signed waiver) and TB skin test. An annual TB skin test will be required of all clinical students when enrolled in the clinical progression courses.

Students in the clinical athletic training progression courses are further required to submit evidence of current certification in cardiopulmonary resuscitation (American Red Cross-CPR for the Professional Rescuer, American Heart Association or National Safety Council--HEALTHCARE Provider) before enrolling in any athletic training clinical progression course. Students must also maintain a current certification throughout their clinical progression courses. Any student not complying will be withdrawn from athletic training progression courses.

RETENTION PROCEDURES AND POLICY

- a) After students have been accepted for progression in the athletic training program, students must maintain a degree GPA of 2.5 or better with a grade of "C" or better in each required athletic training clinical progression course.
- b) Students who complete an athletic training clinical progression course with less than a "C" may not progress to the next semester of clinical athletic training progression courses.
- c) Students who complete an athletic training clinical progression course with less than a "C" will only be permitted to enroll in that course twice.
- d) Students who complete an athletic training clinical progression course with less than a "C" will only be permitted to repeat two athletic training clinical progression courses.

The Athletic Training Admission and Retention committee will review the status of students and take proper action on matters as described below:

- a) When faculty members request the committee to review the continued eligibility of a student.
- b) When grades of a student warrant such a review (failing grades, University appeals, etc.).
- c) When faculty members report that the behavior of a student in the Athletic Training Education Program indicates a need for review. The expected behavior is outlined and described in the "Athletic Training Clinical Behavioral Standards". A copy of the standards can be located in the Department of Kinesiology and Health Studies office and in the Clinical Student's Handbook.

EQUIPMENT AND SUPPLIES

Students are responsible for providing the following equipment and supplies:

Fanny pack
Tape scissors
Shears
Stethoscope
Safety glasses
CPR mask with oxygen inlet
Penlight
Daily uniform t-shirt for wear with appropriate pants/shorts
Game uniform collar shirt and khaki pants/shorts

FIELD EXPERIENCES TRANSPORTATION

Students are responsible for their own transportation to and from clinical sites.

UNIFORM POLICY

Students are expected to adhere to the following uniform policy:

1. Athletic Training approved shirts.
2. Shorts (no cut-off jean shorts, not restrictive in fit, not greater than 6" above the knee).
3. Blue Jeans (no holes, not restrictive in fit).
4. Sweat Pants (no holes; not restrictive in fit; Colors: gray, black, white or SLU Colors).
5. Nylon Warm Up Pants (no holes; Colors: gray, black, white, or SLU Colors).
6. Game: Khaki pants or shorts, (not restrictive in fit, shorts not greater than 6" above the knee), no blue jeans/denim.
7. Fanny Pack with required supplies.
8. Optional: Hats worn should be in SLU colors/logos (No hats worn indoors).

ATHLETIC TRAINING LAB FEE

Athletic Training lab courses are assessed a lab fee as listed in the University General Catalogue not to exceed \$35.00 per semester.

BACHELOR OF ARTS IN KINESIOLOGY

Students pursue the BA in Kinesiology in 1 of 4 concentrations: Exercise Science, Fitness and Human Performance, Health and Physical Education Teacher Education or Sport Management.

HEALTH AND PHYSICAL EDUCATION Teacher Certification Concentration

The Health and Physical Education Teacher Certification concentration fulfills Louisiana requirements for teacher certification in both health and physical education (K-12). Graduation requirements for this concentration include a 2.5 degree GPA and earning a grade of "C" or better in all major courses plus courses in math, English, and science. Students also must achieve passing scores on teacher licensing exams (PRAXIS), participate in a group interview screening process, and complete a professional portfolio. These and other requirements of students seeking teacher preparation degrees at Southeastern are described in detail in the College of Education and Human Development section of this catalogue. A change from teacher certification to a non-teaching option (or vice-versa) will require a catalogue change.

CURRICULUM IN KINESIOLOGY

LEADING TO THE DEGREE OF BACHELOR OF ARTS HEALTH AND PHYSICAL EDUCATION TEACHER EDUCATION CONCENTRATION

FIRST YEAR			
FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
*Chemistry 101/103 or 121/123	4	*Zoology 250/252	4
*General Biology 151/152	4	*English 102	3
*English 101	3	*Math 162 or 241	3
*Math 160 or 161	3	†Kinesiology 191	1
†Kinesiology Lab ¹	1	†Health Studies 131	2
†Kinesiology Lab ¹	1	†Kinesiology Lab ¹	1
†Health Studies 132	2	†Kinesiology Lab 214	1
Orientation	0-1	Social/Behavioral Elective ²	3
	18-19		18
SECOND YEAR			
*English 230, 231, or 232	3	Communication 210 or 211 ³	3
Music, Visual Arts, Dance, Theatre Elective	3	†Health Studies 162	3
History 201 or 202	3	†Kinesiology 362	3
†Kinesiology Lab ¹	1	*English 230, 231, 232 or 322	3
†Kinesiology Lab ¹	1	†Kinesiology Lab ¹	1
†Family and Consumer Sciences 342	3	†Kinesiology Lab ¹	1
†Kinesiology 275	3	††Education 201	1
	17	†Education 211	2
			17
THIRD YEAR			
†Kinesiology 321	3	†Kinesiology 372	3
†Kinesiology 392/393	3	†Kinesiology 443	3
Social/Behavioral Elective ²	3	†Kinesiology 326	3
†Educational Psychology 301	3	†Educational Psychology 315	3
†Kinesiology 431	3	†Kinesiology 351	3
†Kinesiology Lab ¹	1	†Health Studies 461	3
†Kinesiology Lab ¹	1		
	17		18

FOURTH YEAR			
†Kinesiology 436.....	3	Education 486.....	9
†Education 485.....	3		
†Education 488.....	1		
†Education 472.....	3		
†Kinesiology 491.....	3		
†Health Studies 401.....	3		
	16		9

Total semester hours required

130-131

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

* Grade of "C" or higher is required.

† Major course, grade of "C" or higher is required.

†† Major course, grade of "B" or higher is required.

¹ Kinesiology Labs for this concentration are: 209, 210, 212, 213, 214, 215, 216, 217, 218, 219.

² Social/Behavioral Electives selected from Anthropology, Economics, Geography, Political Science, Psychology, Sociology.

³ Communication 210 recommended for this concentration.

NON-TEACHER CERTIFICATION CONCENTRATIONS

Graduation requirements of the Exercise Science, Fitness and Human Performance, and Sport Management concentrations include a 2.0 degree GPA and earning a "C" or better in all major courses plus courses in math, English, and science. A change to or from the teacher education concentration and another concentration in the Kinesiology degree requires a catalogue change; a change to or from one non-teacher education concentration to another does not require such a change.

CURRICULUM IN KINESIOLOGY LEADING TO THE DEGREE OF BACHELOR OF ARTS EXERCISE SCIENCE CONCENTRATION

FIRST SEMESTER		FIRST YEAR	SECOND SEMESTER	S.H.
*Chemistry 101/103 or 121/123 ¹	4	S.H.	†Chemistry 122/124	4
*General Biology 151/152	4		*English 102	3
*English 101	3		*Math 162 or 241 ⁴	3
*Math 160 or Math 161 ²	3		†Kinesiology 191	1
Social/Behavioral Elective ³	3		†Kinesiology Lab 214	1
†Kinesiology Laboratory.....	1		†Health Studies 132	2
Orientation 101	0-1		†Health Studies 131	2
	18-19			16
		Second Year		
*English 230, 231, or 232	3		Communication 210 or 211 ⁶	3
†Kinesiology 275.....	3		†Physics 192/194	4
History 201 or 202	3		†Kinesiology Lab	1
†Physics 191/193.....	4		†Health Studies 162	3
*Zoology 250/252	4		†Math 241	3
†Kinesiology Lab	1		†Zoology 251/253.....	4
	18			18
		THIRD YEAR		
†Kinesiology 321.....	3		†Chemistry 265/267	4
†Kinesiology 372.....	3		†Kinesiology 436	3
†Kinesiology 392/393.....	3		†Kinesiology Lab	1
†Family and Consumer Sciences 342	3		†English 230, 231, 232 or 322 ⁵	3
†General Biology 200.....	3		Music, Visual Arts, Dance, Theater	3
†Kinesiology 362.....	3		†Kinesiology 424	3
	18			17

FOURTH YEAR	
FIRST SEMESTER	SECOND SEMESTER
†Kinesiology 434..... 3	†Kinesiology 410..... 6
Social/Behavioral Elective..... 3	
†Kinesiology 326..... 3	
†Family and Consumer Sciences 411 or 432..... 3	
†Electives..... 7	
19	6
Total semester hours required 130-131	

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

- † Major course, grade of "C" or higher is required.
 * Grade of "C" or higher is required.
¹ Chemistry 121/123 recommended; prerequisite for subsequent courses.
² Math 161 recommended; prerequisite for subsequent courses.
³ Psychology 101 recommended.
⁴ Math 162 recommended.
⁵ English 322 recommended.
⁶ Communication 211 recommended.

Social/Behavioral Electives selected from Anthropology, Economics, Geography, Political Science, Psychology, Sociology.

Recommended electives for Pre-Physical Therapy students include Psychology 204 and 422, Microbiology 223, General Biology 153/154, Zoology 332 and 392.

CURRICULUM IN KINESIOLOGY LEADING TO THE DEGREE OF BACHELOR OF ARTS FITNESS AND HUMAN PERFORMANCE CONCENTRATION

FIRST YEAR	
FIRST SEMESTER	SECOND SEMESTER
*Chemistry 101/103 or 121/123 4	*Zoology 250/252 4
*General Biology 151/152 4	*English 102 3
*English 101 3	†Health Studies 162 3
*Math 160 or 161 ¹ 3	†Health Studies 131 2
†Kinesiology 191 1	Social/Behavioral Elective ² 3
†Health Studies 132 2	*Math 162 or 241 ³ 3
Orientation 101 0-1	
17-18	18
SECOND YEAR	
*English 230, 231, or 232 3	Communication 210 or 211 ⁵ 3
Music, Visual Arts, Dance, Theater..... 3	†Psychology 204 3
History 201 or 202 3	†Elective 3
†Zoology 251/253 4	†Management 141 or Marketing 303 or 314 3
Social/Behavioral Elective ² 3	†Kinesiology 392/393 3
†Kinesiology Lab 214..... 1	†Kinesiology 275 3
†Kinesiology Lab..... 1	
18	18
THIRD YEAR	
†Kinesiology 321..... 3	†Kinesiology 372 3
†Kinesiology 424..... 3	†Kinesiology 434 3
†Kinesiology 365..... 3	†Health Studies 362 3
†Kinesiology 326..... 3	†English 230, 231, 232, or 322 ⁴ 3
†Kinesiology 362..... 3	†Family and Consumer Sciences 342..... 3
†Elective 3	†Elective 2
18	†Kinesiology Lab 1
	18

FOURTH YEAR	
†Kinesiology 436.....	3
†Health Studies 4533.....	3
†Health Studies 454.....	3
†Family and Consumer Sciences 411 or 432.....	3
†Elective.....	3
†Kinesiology Lab.....	1
†Kinesiology Lab.....	1
	<u>17</u>

†Kinesiology 410.....	<u>6</u>
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6

Total semester hours required**130-131**

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† Grade of "C" or higher is required.

¹ Math 161 recommended.² Psychology 101 and Sociology 101 recommended.³ Math 241 recommended.⁴ English 322 recommended.⁵ Communication 211 recommended

Recommended electives include General Biology 153/154, 312, and 200, Psychology 422, Physics 191/193 and 192/194, Zoology 392, Chemistry 122/124 and 261/263

CURRICULUM IN KINESIOLOGY
LEADING TO THE DEGREE OF BACHELOR OF ARTS
SPORT MANAGEMENT CONCENTRATION

FIRST YEAR			
FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
*Chemistry 101/103 or 121/123	4	*Zoology 250/252	4
*General Biology 151/152	4	*English 102	3
*English 101	3	*Math 162 or 241 ¹	3
*Math 160 or 161	3	†Health Studies 132	2
†Kinesiology 191.....	1	†Kinesiology 232	3
†Kinesiology Lab.....	1	Social/Behavioral Elective ²	<u>3</u>
Orientation	<u>0-1</u>		
	16-17		18
SECOND YEAR			
*English 230, 231, or 232	3	Communication 210 or 211 ³	3
Music, Visual Arts, Dance, Theatre Elective	3	†Kinesiology Lab 214	1
History 201 or 202	3	†Kinesiology 276	3
†Accounting 200	3	Social/Behavioral Elective ²	3
†Management 231	3	†Kinesiology Lab	1
†Kinesiology Labs.....	<u>2</u>	†Kinesiology 275	3
	17	†Health Studies 131	2
			16
THIRD YEAR			
†Kinesiology 321.....	3	†Kinesiology 380	3
†Kinesiology 372.....	3	†Kinesiology 392/393	3
*English 230, 231, 232, or 322 ⁴	3	†Kinesiology 436	3
†Management 351	3	†Family and Consumer Sciences 342.....	3
†Finance 381	3	†Marketing 321	3
†Marketing 303	<u>3</u>	†Health Studies 162	<u>3</u>
	18		18

FOURTH YEAR			
†Kinesiology 451.....	3	†Kinesiology 410.....	6
†Marketing 432.....	3	Elective ⁵	3
†Management 471.....	3		
†Management 473.....	3		
†Kinesiology 326.....	3		
†Kinesiology 362.....	3		
	18		9

Total semester hours required 130-131

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† Major course, grade of "C" or higher is required.

* Grade of "C" or higher is required.

¹ Math 241 recommended for this concentration; meets subsequent prerequisite.

² Social/Behavioral Electives selected from Anthropology, Geography, Political Science, Psychology, Sociology.

³ Communication 211 recommended for this curriculum.

⁴ English 322 recommended for this curriculum.

⁵ Non-business elective. Students may take no more than 30 hours in the College of Business and Technology (Accounting, Economics, Finance, General Business, Business Technology, Management, Marketing).

BACHELOR OF SCIENCE IN HEALTH EDUCATION AND PROMOTION

The Bachelor of Science (BS) in Health Education and Promotion contains two concentrations: Community Health Promotion and Worksite Health Promotion. This degree will include course work to prepare individuals for employment in community and worksite health institutions, agencies and organizations. Graduates will be prepared with the skills and competencies of the Certified Health Education Specialist (CHES).

CURRICULUM IN HEALTH EDUCATION AND PROMOTION LEADING TO THE DEGREE OF BACHELOR OF SCIENCE COMMUNITY HEALTH PROMOTION CONCENTRATION

FIRST SEMESTER		FIRST YEAR		SECOND SEMESTER		S.H.	
	S.H.						
†Chemistry 101/103 or 121/123.....	4	†Zoology 250/252.....	4				
†General Biology 151/152.....	4	†English 102.....	3				
†English 101.....	3	†Math 241.....	3				
†Math 161.....	3	†Health Studies 131.....	2				
†Psychology 101.....	3	†Health Studies 133.....	3				
Orientation [†]	0-1	Sociology 101.....	3				
	17-18		18				
		SECOND YEAR					
†English 230, 231, or 232.....	3	†Communication or 211.....	3				
Music, Visual Arts, Dance, Theatre Elective.....	3	†Zoology 251/253.....	4				
History 201 or 202.....	3	†Management 141.....	3				
Computer Science Elective.....	3	†Health Studies 252.....	3				
†Health Studies 162.....	3	†Health Studies 260.....	3				
†Health Studies 251.....	3						
	18		16				
		THIRD YEAR					
† Health Studies 360.....	3	† Health Studies 331.....	3				
† Health Studies 312.....	3	† Health Studies 320.....	3				
†Family and Consumer Sciences 342.....	3	†Health Studies 453.....	3				
†Nursing 313.....	3	†Marketing 314.....	3				
†Major Elective ²	3	†Major Elective ²	3				
	15		15				

FOURTH YEAR	
† Health Studies 362.....	3
† Health Studies 401.....	3
† Health Studies 454.....	3
†Family and Consumer Sciences 411	3
†Major Elective ²	6
	18
† Health Studies 410 ¹	6
	6
Total semester hours required	123-124

⁰Students should check the catalog for prerequisites to this course.

† A grade of C or higher is required.

¹Orientation 101 is not required of transfer or readmitted Southeastern Students with 30 hours or more

² *Community Health Promotion* students are to select 12 hours of electives from the following: HS 351, 430, 439, 462, 463, 464; KIN 230, KINL up to 3 hours; English 322; MGMT 351; NURS 214, 215, 231.

³All coursework must be completed before the Practicum is begun. 320 practicum hours (20 hours per week for 16 weeks) are required.

CURRICULUM IN HEALTH EDUCATION AND PROMOTION LEADING TO THE DEGREE OF BACHELOR OF SCIENCE WORKSITE HEALTH PROMOTION CONCENTRATION

FIRST YEAR			
FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
†Chemistry 101/103 or 121/123 ⁰	4	†Zoology 250/252.....	4
†General Biology 151/152	4	†English 102.....	3
†English 101	3	†Math 241.....	3
†Math 161	3	†Health Studies 131	2
†Psychology 101.....	3	†Health Studies 133	3
Orientation ¹	0-1	Sociology 101	3
	17-18		18

SECOND YEAR			
†English 230, 231, or 232	3	†Communication or 211	3
Music, Visual Arts, Dance, Theatre Elective.....	3	†Zoology 251/253.....	4
History 201 or 202	3	†Management 141	3
Computer Science Elective.....	3	†Health Studies 252	3
†Health Studies 162.....	3	†Health Studies 260	3
†Health Studies 251.....	3		
	18		16

THIRD YEAR			
† Health Studies 360.....	3	† Health Studies 331	3
† Health Studies 312.....	3	† Health Studies 320	3
†Family and Consumer Sciences 342	3	†Health Studies 453	3
†Nursing 313.....	3	†Marketing 314.....	3
†Major Elective ²	3	†Major Elective ²	3
	15		15

FOURTH YEAR	
† Health Studies 362.....	3
† Health Studies 401.....	3
† Health Studies 454.....	3
†Family and Consumer Sciences 411	3
†Major Elective ²	6
	18
† Health Studies 410 ³	6
	6

Total semester hours required

⁰ Students should check the catalog for prerequisites to this course.

† A grade of C or higher is required.

Orientation 101 is not required of transfer or readmitted Southeastern Students with 30 hours or more

² *Worksite Health Promotion* students are to select 12 hours of electives from the following: *Worksite Health Promotion* students are to select 12 hours of electives from the following: HS 430, 439, 462, 463, or 464; KIN 230, KIN 392/393, KIN 424, KIN 434, KINL up to 3 hours; MRKT 321, 342; MGMT 351; NURS 231.

³ All coursework must be completed before the Practicum is begun. 320 practicum hours (20 hours per week for 16 weeks) are required.

HEALTH PROMOTION MINOR

Students not majoring in Kinesiology may elect to minor in Health Promotion. It is strongly recommended that students meet with KHS department advisor before starting on the minor. Twenty-four hours in Health Studies are required for a minor in Health Promotion. Fifteen of these hours must be in 300-or-400 level courses

The following courses are required to complete this minor.

†Health Studies 133	3	†Health Studies 453	3
†Health Studies 312 or 362	3	†Health Studies 454	3
†Health Studies 320	3	†Health Studies Electives	9

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Health Studies Electives must be selected from: HS 162, 251, 252, 312, 331, 351, 360, 362, 401, 430, or 439. FCS 342 or 411 may be used as one of the elective courses.

†Grade of C or higher is required

HEALTH EDUCATION MINOR

Students must meet the requirements for a certified minor teaching field in Health Education by completing the following courses in addition to the successful completion of a teacher education major field of study. It is strongly recommended that students meet with KHS department advisor before starting on the minor.

† Health Studies 131	2	† Health Studies 401	3
† Health Studies 133	3	† Health Studies 461	3
† Health Studies 320	3	† Health Studies Electives	12
			26

†A grade of "C" or better is required.

Health Studies electives must be selected from HS 162, HS 251, HS 252, HS 351, and FCS 342.

HEALTH AND PHYSICAL EDUCATION MINOR

Students must meet the requirements for a certified minor teaching field in Health and Physical Education by completing the following courses in addition to the successful completion of a teacher education major field of study. It is strongly recommended that students meet with KHS department advisor before starting on the minor.

†Kinesiology 214	1	†Kinesiology 431	3
†Kinesiology Lab ²	5	† Health Studies 131	2
†Kinesiology 351 or Education 485 ³	3	† Health Studies 133	3
†Kinesiology 372	3	† Health Studies 401	3
†Kinesiology 392/393	3	† Health Studies 461	3
†Kinesiology 321/491	3	† Health Studies Electives ⁴	6
			38

†A grade of "C" or better is required.

¹ KINL must be selected from KINL 209, 210, 212, 213, 215, 216, 217, 218, 219; students completing secondary teacher certification in another content area (e.g., Social Studies, Math, etc.) must take KIN 351; HS Electives must be selected from HS 162, 251, 252, 351, and FCS 342.

² KINL must be selected from KINL 209, 210, 212, 213, 215, 216, 217, 218, 219.

³ Students completing secondary teacher certification in another content area (e.g., Social Studies, Math, etc.) must take KIN 351 to meet this requirement.

⁴ HS Electives must be selected from HS 162, 251, 252, 351, and FCS 342

ADAPTED PHYSICAL EDUCATION

I. Basic Requirements

Certification is required in Physical Education Teacher Education and the completion of the courses listed below.

†Special Education 200 or 600	†Kinesiology Education 431	3
†Kinesiology 321 or 612		3
		9

II. Specialized Requirements

In addition to basic certification requirements, specialized Adapted Physical Education certification requires a minimum of 12 semester hours.

†Kinesiology 491 or 591	†Kinesiology 493 or 593	3
†Kinesiology 492 or 592	†Kinesiology 494 or 594	3
†A grade of "C" or better is required.		12