



**Southeastern Louisiana University**  
**Department of**  
**Kinesiology and Health Studies**

### PURPOSES OF THE DEPARTMENT

The Department of Kinesiology and Health Studies includes three undergraduate majors: Bachelor of Science in Athletic Training, Bachelor of Science in Health Education and Promotion, and Bachelor of Arts in Kinesiology. Areas of study are community and worksite health promotion, health fitness, athletic training, teacher certification in health and physical education, exercise science, and sport management. The Department is committed to five distinct and independent missions: (1) Pre-service teacher preparation; (2) non-teaching preparation in health promotion, sport management, athletic training, and exercise science; (3) graduate education; (4) scholarship; and (5) public service through outreach activities. The educational goal is to prepare prospective health and kinesiology educators with a quality foundation which will allow them to assume professional roles in society through careers in business, industry, agencies, hospitals, and educational settings.

A variety of sport, fitness, and dance activity classes are available to all students in the University. Non-kinesiology majors are recommended to take 100 level kinesiology laboratory courses because of their life-time emphasis.

A master's degree is offered in Health and Kinesiology. Within the degree are concentrations in health studies, health promotion and exercise science, kinesiology, and exercise science.

All students in the department must take the General Education requirements of the university. Teacher Certification students are required to take additional general education courses required by the College of Education. Students must see advisor to be sure they are taking the correct courses.

Computer Literacy Validation. Computer literacy is defined in the Department of Kinesiology and Health Studies as follows: The ability to use a computer to input data, to use e-mail and to access data through the Internet. Students who complete the requirements of their major must use the computer for computer assisted learning including interactive programs, must use e-mail, and must access data through the Internet. All students, therefore, who successfully complete a major in the Department of Kinesiology and Health Studies are deemed computer literate.

### HONORS DIPLOMA IN THE DISCIPLINE

The department also offers an upper-division honors curriculum allowing its students to earn an honors diploma in each *major* at graduation.

### BACHELOR OF SCIENCE IN ATHLETIC TRAINING

#### CURRICULUM IN ATHLETIC TRAINING

#### LEADING TO THE DEGREE OF BACHELOR OF SCIENCE

FIRST YEAR			
FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
†English 101 .....	3	†English 102.....	3
†Psychology 101 .....	3	†Health Studies 132.....	2
†Chemistry 101/103 or 121/123 .....	4	†Athletic Training 141.....	3
†GBIO 151/152.....	4	†Math 162, 163, or 241 .....	3
†Math 161.....	3	†Zoology 250/252.....	4
Orientation 101 .....	0-1	†Kinesiology 275 .....	3
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	17-18		18
SUMMER			
Zoology 251/253 .....	4		
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	4		
SECOND YEAR			
†Sociology 101 .....	3	*Athletic Training 203 .....	2
†Communication 211.....	3	*Athletic Training Lab 208 .....	1
†English 230, 231 or 232.....	3	*Athletic Training 210 .....	2
†History Elective.....	3	*Athletic Training 241 .....	3
†Music, Visual Arts, Dance, or Theater .....	3	*Athletic Training Lab 244 .....	2
†NURS 233 .....	3	†Kinesiology 372.....	3
		†Kinesiology 392/393.....	3
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	18		16

THRID YEAR	
*Athletic Training 300 <sup>1</sup> .....	1
*Athletic Training Lab 305.....	1
†FCS 342 .....	3
*Athletic Training Lab 358.....	1
*Athletic Training 363.....	3
*Athletic Training Lab 370.....	1
*Athletic Training 371.....	3
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13	14
FOURTH YEAR	
*Athletic Training 400 <sup>1</sup> .....	1
*Athletic Training Lab 405.....	1
*Athletic Training 455.....	3
*Athletic Training 462.....	3
*Athletic Training Lab 468.....	2
*Athletic Training 469.....	3
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13	14
Total semester hours required	127-128

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

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 †A grade of "C" or better required.

\*Clinical Progression Course; grade of "C" or better required.

#### **Computer Literacy Validation**

Computer literacy validation is defined by the Athletic Training Education Program as the ability to use a computer to input data, to use e-mail and to access data through the Internet. Students who complete the requirement for a major in Athletic Training must use computer assisted learning including interactive programs, must use e-mail, and must access data through the Internet. Therefore, all students who complete a major in Athletic Training are deemed computer literate.

<sup>1</sup>Provides the student with the opportunity to practice and apply the athletic training clinical proficiencies under the supervision of a qualified clinical instructor for a minimum of 225 hours per semester. An average of about 15 hours per week.

<sup>2</sup>Provides the student with the opportunity to practice and apply the athletic training clinical proficiencies under the supervision of a qualified clinical instructor for a minimum of 150 hours per semester. An average of about 10 hours per week.

### **ATHLETIC TRAINING SELECTIVE PROGRESSION AND RETENTION POLICY**

The Department of Kinesiology and Health Studies of Southeastern Louisiana University reserves the right to recruit, admit, and retain only those students who demonstrate evidence of being academically, physically, mentally, and emotionally capable of performing safe acts of athletic training in a professional manner.

The Department of Kinesiology and Health Studies will permit only those students who have been formally accepted in the athletic training program to register for the following clinical progression courses:

Athletic Training (ATHT): 203, 210, 241, 300, 315, 363, 367, 371, 382, 400, 415, 462, 455, 466, 469, and 471;

Athletic Training Labs (ATLB): 208, 244, 305, 320, 358, 366, 370, 405, 420, 468, 470;

Kinesiology (KIN): 326.

Students are required to submit an application for admission into the athletic training clinical progression courses. The application must be favorably acted upon by the Department of Kinesiology and Health Studies Athletic Training Admission and Retention committee before a student is allowed to enroll in the clinical athletic training progression courses. The number of students selected for progression each semester will vary according to the clinical resources.

### **PROGRESSION PROCEDURES AND POLICY**

Students are required to submit an application before enrolling in athletic training clinical progression courses.

- a) Applications are available in the Department of Kinesiology and Health Studies Department office and from the Athletic Training Education Program web page ([www.selu.edu/athletictraining](http://www.selu.edu/athletictraining)).

- b) The application for admission must be on file in the Department of Kinesiology and Health Studies office by October 1st at 4:30 p.m. in the fall semester to enroll in the following spring semester athletic training clinical progression courses
- c) All applications for admission will be processed by the Department of Kinesiology and Health Studies Athletic Training Admission and Retention committee. The student will be notified within three weeks of their status of being permitted to enroll in the athletic training clinical progression courses.
- d) Students who make application will be considered for progression using the following criteria:

**80% Academic Achievement**

**20% Professional Experiences Related to Athletic Training**

**The “Academic Achievement” (80%) is evaluated by the students completing their first \*39 credit hours with at least a \*\*2.5 GPA.**

<u>Assignment of Point Value</u>	<u>Points</u>	<u>Percentage Score</u>
if GPA = 3.83> applicant earns	80 points	80%
if GPA = 3.64-3.82 applicant earns	70 points	70%
if GPA = 3.45-3.63 applicant earns	60 points	60%
if GPA = 3.26-3.44 applicant earns	50 points	50%
if GPA = 3.07-3.25 applicant earns	40 points	40%
if GPA = 2.88-3.06 applicant earns	30 points	30%
if GPA = 2.69-2.87 applicant earns	20 points	20%
if GPA = 2.50-2.68 applicant earns	10 points	10%
if GPA <2.50, application denied		

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 \*A student may be enrolled in four (4) hours of Anatomy and Physiology courses during the semester they submit their application (Fall Semester), but must complete those four (4) hours of Anatomy and Physiology with a grade of a “C” or better.

\*\*If a student’s GPA falls below a 2.5 at the end of the Fall semester of application then he/she will no longer be eligible to enroll in the athletic training clinical progression courses.

Students may elect to temporarily waive ATHT 141 for application purposes if they produce a letter from a NATABOC certified athletic trainer stating that the student has obtained at least 300 hours of practical hands-on experience under their direct supervision at the collegiate, high school, clinical or professional sports level. The student will still have to complete this course prior to being awarded their degree.

**The “Professional Experiences” (20%) is evaluated from students producing documentation of their experiences from the following criteria:**

<u>Assignment of Point Value</u>	<u>Points</u>	<u>Percentage Score</u>
High School/College Athletic Training Experience	(30 points max)	6%
Professional Conferences/Meetings Attended	(30 points max)	6%
Extracurricular Activities related to Athletic Training	(20 points max)	4%
Certifications/Professional Memberships	(20 points max)	4%

The members of the Athletic Training Admission and Retention Committee individually award points per category based on the documentation provided by the applicant. The Admissions and Retention committee members interview each applicant and further verification could possibly be requested after the interview to substantiate the applicant’s claim of professional experiences. The points are awarded a numerical value and averaged with a maximum score of 100. The score is then converted to represent 20% of the applicant’s total score.

- e) A medical history and physical examination will be required prior to taking the first clinical progression courses and must be submitted to the Program Director. All forms are provided by the Department of Kinesiology and Health Studies and can be located in the main office. The criteria for evaluation of the physical examination is based on the “Core Performance Standards for Admission into the Athletic Training Education Program” and agency requirements. A copy of the standards can be obtained in the Kinesiology and Health Studies Department office and on the Athletic Training web page ([www.selu.edu/athletictraining](http://www.selu.edu/athletictraining)). Included in the medical history, students must also produce documentation of their vaccination status of Mumps, Measles, Rubella (MMR), Hepatitis B (or signed waiver) and TB skin test. An annual TB skin test will be required of all clinical students when enrolled in the clinical progression courses.

Students in the clinical athletic training progression courses are further required to submit evidence of current certification in cardiopulmonary resuscitation (American Red Cross-

CPR for the Professional Rescuer, American Heart Association or National Safety Council--HEALTHCARE Provider) before enrolling in any athletic training clinical progression course. Students must also maintain a current certification throughout their clinical progression courses. Any student not complying will be withdrawn from athletic training progression courses.

### **RETENTION PROCEDURES AND POLICY**

- a) After students have been accepted for progression in the athletic training program, students must maintain a degree GPA of 2.5 or better with a grade of "C" or better in each required athletic training clinical progression course.
- b) Students who complete an athletic training clinical progression course with less than a "C" may not progress to the next semester of clinical athletic training progression courses.
- c) Students who complete an athletic training clinical progression course with less than a "C" will only be permitted to enroll in that course twice.
- d) Students who complete an athletic training clinical progression course with less than a "C" will only be permitted to repeat two athletic training clinical progression courses.

The Athletic Training Admission and Retention committee will review the status of students and take proper action on matters as described below:

- a) When faculty members request the committee to review the continued eligibility of a student.
- b) When grades of a student warrant such a review (failing grades, University appeals, etc.).
- c) When faculty members report that the behavior of a student in the Athletic Training Education Program indicates a need for review. The expected behavior is outlined and described in the "Athletic Training Clinical Behavioral Standards". A copy of the standards can be located in the Department of Kinesiology and Health Studies office and in the Clinical Student's Handbook.

### **EQUIPMENT AND SUPPLIES**

Students are responsible for providing the following equipment and supplies:

Fanny pack  
Tape scissors  
Shears  
Stethoscope  
Safety glasses  
CPR mask with oxygen inlet  
Penlight  
Daily uniform t-shirt for wear with appropriate pants/shorts  
Game uniform collar shirt and khaki pants/shorts

### **FIELD EXPERIENCES TRANSPORTATION**

Students are responsible for their own transportation to and from clinical sites.

### **UNIFORM POLICY**

Students are expected to adhere to the following uniform policy:

1. Athletic Training approved shirts.
2. Shorts (no cut-off jean shorts, not restrictive in fit, not greater than 6" above the knee).
3. Blue Jeans (no holes, not restrictive in fit).
4. Sweat Pants (no holes; not restrictive in fit; Colors: gray, black, white or SLU Colors).
5. Nylon Warm Up Pants (no holes; Colors: gray, black, white, or SLU Colors).
6. Game: Khaki pants or shorts, (not restrictive in fit, shorts not greater than 6" above the knee),  
no blue jeans/denim.
7. Fanny Pack with required supplies.
8. Optional: Hats worn should be in SLU colors/logos (No hats worn indoors).

### **ATHLETIC TRAINING LAB FEE**

Athletic Training lab courses are assessed a lab fee as listed in the University General Catalogue not to exceed \$35.00 per semester.

## BACHELOR OF ARTS IN KINESIOLOGY

The BA in Kinesiology offers teacher certification in Health and Physical Education plus three non-teacher certification areas of specialty: Exercise Science, Health Promotion & Exercise Science, and Sport Management.

### HEALTH AND PHYSICAL EDUCATION TEACHER CERTIFICATION CONCENTRATION

Students who wish to teach and/or coach must be certified in teacher education. A grade of C must be maintained in all major and professional education courses, and a degree GPA of 2.5 is required for graduation. Please refer to the section on Teacher Education Requirements in the catalogue. A change from teacher certification to a non-teaching option (or vice-versa) will require a catalogue change.

### NON-TEACHING CERTIFICATION CONCENTRATIONS

Students who wish to pursue a Kinesiology major without teacher certification must complete all of the required courses in one of the Concentrations below. A grade of "C" in all major courses and a 2.0 degree GPA are required for graduation. A change within non-teaching options will not require a catalogue change; however, a change from a non-teaching option to teacher certification (or vice-versa) will require a catalogue change.

### CURRICULUM IN KINESIOLOGY LEADING TO THE DEGREE OF BACHELOR OF ARTS

FIRST YEAR		SECOND SEMESTER	
First Semester	S.H.		S.H.
†Chemistry 101/103 or 121/123 <sup>1</sup> .....	4	†Zoology 250/252 <sup>4</sup> or 251/253 .....	4
†General Biology 151/152 .....	4	Social/Behavioral Elective .....	3
†English 101 .....	3	†English 102.....	3
†Math 160 or 161 <sup>2</sup> .....	3	†Math 162 <sup>5</sup> or 241 <sup>5</sup> .....	3
†Kinesiology Laboratory <sup>3</sup> .....	1	†Kinesiology 191 .....	1
†Health Studies 132 .....	2	†Kinesiology .....	2
Orientation .....	0-1		
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	17-18		16
SECOND YEAR			
†English 230, 231 or 232 .....	3	Communication 211 .....	3
Music, Visual Arts, Dance, Theater.....	3	Elective <sup>7</sup> .....	3
History 201 or 202 .....	3	Social/Behavioral Elective .....	3
†Kinesiology Laboratory <sup>3</sup> .....	1	†Concentration Requirements <sup>6</sup> .....	6
†Concentration Requirements <sup>6</sup> .....	6	†KIN 275, 362, 424 or HS 251 <sup>8</sup> .....	3
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	16		18
THIRD YEAR			
†Kinesiology 321 .....	3	†Kinesiology 372 .....	3
†Kinesiology 392/393 .....	3	†Kinesiology 436 .....	3
†Concentration Requirements <sup>6</sup> .....	6	†Concentration Requirements <sup>6</sup> .....	6
Electives <sup>7</sup> .....	6	Electives <sup>7</sup> .....	3
	----	†KIN 424, 431, Math 241, or MRKT 432 <sup>8</sup> .....	3
	18		18

## FOURTH YEAR

†Concentration Requirements <sup>6</sup> .....	6-9	Professional Practicum	
†KIN 434, 443, 451, or HS 320 <sup>8</sup> .....	3	(Internship or Student Teaching)	
Electives <sup>7</sup> .....	0- 6	Appropriately select one of the following:	
		KIN 410 or HS 410 .....	6
		or Education 486 <sup>9</sup> .....	9
		Electives .....	0-3
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	15-18		6-9
 Total semester hours required			 130-131

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

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† Grade of "C" or higher is required.

Students should check the catalog for prerequisites to this course.

<sup>1</sup>Students in Exercise Science (ES) concentration must take Chemistry 121/123 to meet prerequisites for subsequent chemistry courses.

<sup>2</sup> Students in ES & Health Promotion & Exercise Science (HPES) must take Math 161 to meet prerequisites for subsequent courses.

<sup>3</sup>Students in Health and Physical Education Teacher Certification concentration must select Kinesiology Laboratory courses from a specific set. See advisor before registering for KINL courses.

<sup>4</sup> Students in ES concentration must take ZOO 250/252 as prerequisites to subsequent courses; Teacher Certification students may take ZOO 242.

<sup>5</sup> Students in ES must take Math 162 which is a prerequisite for other classes. Students in Sport Management & HPES must take MATH 241 as a concentration requirement.

<sup>6</sup>Specific course & number of courses are determined by the concentration area. Student should see advisor.

<sup>7</sup>Each concentration has differing number of electives. Students should see their advisors. Students in the Teacher Certification Concentration will use 6 hours of electives for social behavioral and english requirements and six hours of electives to meet requirements for Certification in the State of Louisiana (Select from HS 162, 251, 452, or FCS 342).

<sup>8</sup> Each concentration requires different course. Must see advisor.

<sup>9</sup>Only for Teacher Certification majors.

## UNDERGRADUATE MAJOR IN KINESIOLOGY

### Concentration Courses

#### Concentration in Exercise Science

Electives.....	21
KINL 214 .....	1
CHEM 122/124 .....	4
CHEM 265/267 .....	4
ENG 322 .....	3
FCS 342 .....	3
FCS 411 OR 432.....	3
GBIO 200.....	3
PHYS 191/193 .....	4
PHYS 192/194 .....	4
ZOO 251/253 .....	4

#### Concentration in Health and Physical Education Teacher Certification

Electives.....	12
KIN 351 .....	3
KIN 491 .....	3
KINLs .....	6

*Selected from the following one semester hour Kinesiology Laboratories for Majors:*

KINL 209 .....	1
KINL 210 .....	1
KINL 212 .....	1
KINL 213 .....	1
KINL 214 .....	1
KINL 215 .....	1
KINL 216 .....	1
KINL 217 .....	1
KINL 218 .....	1
KINL 219 .....	1

HS 131 .....	2
HS 401 .....	3
HS 461 .....	3
*EDUC 202 .....	3
EDUC 472 .....	3
EDUC 485 .....	3
EDUC 488 .....	1
EPSY 301 .....	3
EPSY 315 .....	3

**Note: Teacher Education students must utilize six hours of electives to meet Louisiana Certification Requirements**  
 Elective Choose from HS 162, 251, 452, or FCS 342

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 \*Grade of B or better required.

**Concentration in Health Promotion and Exercise Science**

Electives.....	21
HS 162 .....	3
HS 401 .....	3
HS 451 .....	3
HS 453 .....	3
HS 454 .....	3
KIN 434 .....	3
ENGL 322 .....	3
PSYC 204 or 422 .....	3
FCS 342 .....	3
FCS 411 .....	3
MGMT 141, MRKT 303 or MRKT 314 .....	3

**Concentration in Sport Management**

Electives.....	21
KIN 232 .....	3
KIN 276 .....	3
KIN 380 .....	3
ACCT 200 .....	3
FIN 381 .....	3
MGMT 231 .....	3
MGMT 351 .....	3
MGMT 471 .....	3
MGMT 473 .....	3
MRKT 303 .....	3
MRKT 321 .....	3

**BACHELOR OF SCIENCE  
 IN HEALTH EDUCATION AND PROMOTION**

The Bachelor of Science (BS) in Health Education and Promotion contains two concentrations: Community Health Promotion and Worksite Health Promotion. This degree will include course work to prepare individuals for employment in community and worksite health institutions, agencies and organizations. Graduates will be prepared with the skills and competencies of the Certified Health Education Specialist (CHES).

CURRICULUM IN HEALTH EDUCATION AND PROMOTION  
LEADING TO THE DEGREE OF BACHELOR OF SCIENCE

GENERIC FOUR YEAR PLAN

FIRST YEAR

First Semester	S.H.	Second Semester	S.H.
†Chemistry 101/103 or 121/1230.....	4	†Zooology 250/25 .....	4
†Mathematics 161 .....	3	†Mathematics 241 .....	3
†English 101 .....	3	†English 102.....	3
†General Biology 151/152 .....	4	†Health Studies 131 .....	2
Psychology 101 .....	3	†Health Studies 133 .....	3
Orientation <sup>1</sup> .....	0-1	Sociology 101 .....	3
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	17-18		18

SECOND YEAR

English 230, 231, or 232.....	3	† Zooology 252/253.....	4
History 201 or 202 .....	3	†Communication 211.....	3
Computer Science elective .....	3	†Management 141.....	3
†Health Studies 162 .....	3	†Health Studies 252 .....	3
†Health Studies 251 .....	3	†Health Studies 260 .....	3
Music, Art, Dance or Theater elective.....	3		
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	18		16

THIRD YEAR

†Health Studies 360 .....	3	†Health Studies 331 .....	3
†Health Studies 312 .....	3	†Health Studies 320 .....	3
†FCS 342 .....	3	†Health Studies 453 .....	3
†Nursing 313 (Human Diseases).....	3	†Marketing 314.....	3
†Major Elective <sup>2</sup> .....	3	†Major Elective <sup>2</sup> .....	3
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	15		15

FOURTH YEAR

†Health Studies 362 .....	3	Health Studies 410 <sup>3</sup> (Practicum).....	6
†Health Studies 401 .....	3		
†Health Studies 454 .....	3		
†FCS 411 .....	3		
†Major Elective <sup>2</sup> .....	6		
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	18		6

Total semester hours required 123-124

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\_ Students should check the catalog for prerequisites to this course.

† A grade of C or higher is required.

<sup>1</sup>Orientation 101 is not required of transfer or readmitted Southeastern Students with 30 hours or more

<sup>2</sup> *Community Health Promotion* students are to select 12 hours of electives from the following: HS 351, 430, 439, 462, 463, 464; KIN 230, KINL up to 3 hours; English 322; MGMT 351; NURS 214, 215, 231. *Worksite Health Promotion* students are to select 12 hours of electives from the following: HS 430, 439, 462, 463, 464; KIN 230, KINL up to 3 hours, KIN 392/393, KIN 424, KIN 434; MRKT 321, 342; MGMT 351; NURS 231.

<sup>3</sup>All coursework must be completed before the Practicum is begun. 320 practicum hours (approximately 23 hours per week for 14 weeks) are required.



**Concentration Electives in Community Health Promotion**

Select 12 hours from the following list:

Kinesiology Laboratories.....	1-3
Kinesiology 230.....	3
Health Studies 351.....	3
Health Studies 462, 463, or 464.....	3
Health Studies 430/530.....	3
Health Studies 439/539.....	3
English 322.....	3
Management 351.....	3
Nursing 214.....	3
Nursing 215.....	3
Nursing 231.....	3

**Concentration Electives in Worksite Health Promotion**

Select 12 hours from the following list:

HS 131 Emergency Health Care.....	2
HS 462 or 463 or 464.....	3
HS 430/530.....	3
HS 439/539.....	3
Kinesiology Laboratories.....	1-3
KIN 230.....	3
KIN 392/393.....	3
KIN 424.....	3
KIN 434.....	3
HS 351.....	3
ENG 322.....	3
FCS 342.....	3
FCS 411.....	3
Marketing 321.....	3
Marketing 342.....	3
Management 351.....	3
Nursing 231.....	3

**HEALTH EDUCATION MINOR**

Students must meet the requirements for a certified minor teaching field in Health Education by completing the following courses in addition to the successful completion of a teacher education major field of study. It is strongly recommended that students meet with KHS department advisor before starting on the minor.

†HS 131.....	2	†HS 401.....	3
†HS 133.....	3	†HS 461.....	3
†HS 320.....	3	†HS Electives.....	12
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			26

†A grade of “C” or better is required.

<sup>1</sup>HS electives must be selected from HS 162, HS 251, HS 252, HS 351, and FCS 342.

**HEALTH AND PHYSICAL EDUCATION MINOR**

Students must meet the requirements for a certified minor teaching field in Health and Physical Education by completing the following courses in addition to the successful completion of a teacher education major field of study. It is strongly recommended that students meet with KHS department advisor before starting on the minor.

†KIN 214.....	1	†KIN 431.....	3
†KINL <sup>2</sup> .....	5	†HS 131.....	2
†KIN 351 or EDUC 485 <sup>3</sup> .....	3	†HS 133.....	3
†KIN 372.....	3	†HS 401.....	3
†KIN 392/393.....	3	†HS 461.....	3
†KIN 321/491.....	3	†HS Electives <sup>4</sup> .....	6
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			38

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 †A grade of “C” or better is required.

<sup>1</sup>KINL must be selected from KINL 209, 210, 212, 213, 215, 216, 217, 218, 219; students completing secondary teacher certification in another content area (e.g.; Social Studies, Math, etc.) must take KIN 351; HS Electives must be selected from HS 162, 251, 252, 351, and FCS 342.

<sup>2</sup>KINL must be selected from KINL 209, 210, 212, 213, 215, 216, 217, 218, 219.

<sup>3</sup>Students completing secondary teacher certification in another content area (e.g., Social Studies, Math, etc.) must take KIN 351 to meet this requirement.

<sup>4</sup>HS Electives must be selected from HS 162, 251, 252, 351, and FCS 342

### ADAPTED PHYSICAL EDUCATION

*I. Basic Requirements*

Certification is required in Physical Education Teacher Education and the completion of the courses listed below.

Spec Educ 200 or 600 .....	3	Kinesiology Education 431 .....	3	
Kinesiology 321 or 612 .....	3			---
				9

*II. Specialized Requirements*

In addition to basic certification requirements, specialized Adapted Physical Education certification requires a minimum of 12 semester hours.

Kinesiology 491 or 591 .....	3	Kinesiology 493 or 593 .....	3	
Kinesiology 492 or 592 .....	3	Kinesiology 494 or 594 .....	3	----
				12

### HEALTH PROMOTION MINOR

Students not majoring in Kinesiology may elect to minor in Health Promotion. It is strongly recommended that students meet with KHS department advisor before starting on the minor. Twenty-four hours in Health Studies are required for a minor in Health Promotion. Fifteen of these hours must be in 300-or-400 level courses

The following courses are required to complete this minor.

HS 133 .....	3	HS 453 .....	3	
HS 312 or 362 .....	3	HS 454 .....	3	
HS 320 .....	3	HS Electives .....	9	----
				24

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 HS Electives must be selected from: HS 162, 251, 252, 312, 331, 351, 360, 362, 401, FCS 342 or 411 may be used as one of the elective courses