

College of Nursing and Health Sciences

DEPARTMENT OF KINESIOLOGY & HEALTH STUDIES

- Kinesiology

 - Concentration in Athletic Training

 - Concentration in Exercise Science

 - Concentration in Health & Physical Education Teacher Preparation

 - Concentration in Health Promotion & Exercise Science

 - Concentration in Sport Management

- Health Education

- Health & Physical Education

- Adapted Physical Education

- Policies and Procedures

Purpose of the Department

The Department of Kinesiology and Health Studies includes study in the areas of health, kinesiology, sport, and dance with various areas for specialization and/or certification. The Department is committed to five distinct and independent missions:

- (1) Pre-service teacher preparation,
- (2) non-teaching preparation in health promotion, sport management, dance, athletic training, and exercise science,
- (3) graduate education,
- (4) scholarship, and
- (5) public service through outreach activities.

The educational goal is to prepare prospective health and kinesiology educators with a quality foundation which will allow them to assume professional roles in society through careers in business, industry, agencies, hospitals, and educational settings.

A variety of sport, fitness, and dance activity classes are available to all students in the University. Non-kinesiology majors are recommended to take 100 level kinesiology laboratory courses because of their lifetime emphasis. A master's degree is offered in Health and Kinesiology. Within the degree are concentrations in health studies, health promotion and exercise science, kinesiology, and exercise science.

Teacher Certification and Concentrations

Health and Physical Education Teacher Certification

Students who wish to teach and/or coach must be certified in teacher education. A grade of C must be maintained in all major and professional education courses, and an adjusted or degree GPA of 2.5 is required for graduation. Please refer to the section on Teacher Education Requirements in the catalogue. A change from teacher certification to a non-teaching option (or vice-versa) will require a catalogue change.

Non-Teaching Concentrations

Students who wish to pursue a Kinesiology major without teacher certification must complete all of the required courses in one of the Concentrations below. A grade of "C" in all major courses and a 2.0 adjusted or degree GPA is required for graduation. A change within non-teaching options will not require a catalogue change; however, a change from a non-teaching option to teacher certification (or vice-versa) will require a catalogue change.

Curriculum in Kinesiology

Leading to the Degree of Bachelor of Arts

FIRST YEAR

First Semester	S.H.	Second Semester	S.H.
Chemistry 121/123 2 or 106 or Physics 142 1 or 191/193	4	ZOO Elect (Anatomy/Physiology)	4
GBIO 151/152	4	History 201 or 202	3
English 101	3	†English 102	3
Math 160 or 161	3	Math 162, 163 or 241	3
Orientation 101	0-1	†Kinesiology 191	1
†Kinesiology Laboratory	1	†Kinesiology Laboratory 2	1
†Health Studies 132	2	Social Studies Elective	3
	17-18		18

SECOND YEAR

First Semester	S.H.	Second Semester	S.H.
English 230 or 231	3	Communication 211	3
Music, Visual Arts, Dance, Theater	3	Computer Science Elective	3
Social Studies Elective	3	English 231 or 232	3
†Kinesiology Laboratories 2	2	†Concentration Requirements 3	6
†Concentration Requirement 3	3	†KIN 275, 362, 424, HS 251, 341, or Dance 302 5	3
Elective 4	3		
	17		18

THIRD YEAR

First Semester	S.H.	Second Semester	S.H.
†Kinesiology 321	3	†Kinesiology 372	3
†Kinesiology 392/393	3	†Kinesiology 436	3
†Concentration Requirements 3	9	†Concentration Requirements 3	6-9
Electives	0-3	†KIN 424, 431, DNC 371, Math 241, or MRKT 432 5	3
	15-18		15-18

FOURTH YEAR

First Semester	S.H.	Second Semester	S.H.
†Concentration Requirements 3	6-9	Professional Practicum (Practicum, or Student Teaching)	6
†KIN 434, 443, 451, 462, HS 320 or DNC 281 5	3	Appropriately select one of the following: KIN 410 or HS 410 or EDUC 486	9
Electives 4	0-6	Electives 4	0-3
	13		6-9

Total Semester Hours Required= 130-131

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

Note: Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† A grade of "C" or higher is required.

° Students should check the catalog for prerequisites to this course.

1 Only for education majors/teacher certification programs.

2 Students in the Athletic Training Concentration will take KINL 113, 214, 225 and 355.

3 Specific courses and number of courses are determined by the concentration area. Student should see advisor.

4 Each concentration has differing number of electives. Students should see their advisors. Students in the Athletic Training Concentration will take CHEM 101, ZOO 251/253, FCS 342, HS 366, and 2 hours of electives. Students in the Teacher Certification Concentration will use six hours of electives to meet the following additional requirements for Certification in the State of Louisiana: Choose from HS 162, 251, 452, or FCS 342.

5 Specific core course is determined by the concentration area. Student should see advisor.

**CONCENTRATION COURSES
DEPARTMENT OF KINESIOLOGY AND HEALTH STUDIES
UNDER GRADUATE KINESIOLOGY DEGREE**

Note: Teacher Education students must utilize six hours of electives to meet Louisiana Certification Requirements

Elective Choose from HS 162, 251, 452, or FCS 342

Concentration in Athletic Training

Electives	15 hours
HS 344	3 hours
HS 355	3 hours
KIN 203	2 hours
KIN Lab 208	1 hours
KIN 241	3 hours
KIN 275	3 hours
KIN 360	3 hours
KIN 363	3 hours
KIN 364	6 hours
KIN 367	3 hours
KIN 468	3 hours
KIN 469	3 hours

Concentration in Exercise Science

Electives	18 hours
KIN 214	1 hours
CHEM 122/124	4 hours
CHEM 265/267	4 hours
ENGL 322	3 hours
FCS 342	3 hours
FCS 432	3 hours
PHYS 191/193	4 hours
PHYS 192/194	4 hours
ZOO 251/253	4 hours

Concentration in Health & Physical Education Teacher Preparation

Electives	9 hours
KIN 351	3 hours
KIN 491	3 hours
KINLs	6 hours

*Selected from the following one semester hour
Kinesiology Methods Labs for Majors:*

KIN 209	1 hour
KIN 210	1 hour
KIN 212	1 hour
KIN 213	1 hour
KIN 214	1 hour
KIN 215	1 hour
KIN 216	1 hour
KIN 217	1 hour
KIN 218	1 hour
KIN 219	1 hour

HS 131	2 hours
HS 401	3 hours
HS 461	4 hours
EDUC 202	3 hours
EDUC 472	3 hours
EDUC 485	3 hours
EDUC 488	1 hours
EPSY 301	3 hours
EPSY 315	3 hours

Concentration in Health Promotion & Exercise Science

Electives	18 hours
HS 162	3 hours
HS 401	3 hours
HS 451	3 hours
HS 453	3 hours
HS 454	3 hours
KIN 434	3 hours
ENGL 322	3 hours
PSYC 204 or 422	3 hours
FCS 342	3 hours
FCS 411	3 hours
MGMT 141, MRKT 303 or MRKT 314	3 hours

Concentration in Sport Management

Electives	18 hours
KIN 276	3 hours
KIN 380	3 hours
ACCT 200	3 hours
FIN 381	3 hours
MGMT 231	3 hours
MGMT 351	3 hours
MGMT 471	3 hours
MGMT 473	3 hours
MRKT 303	3 hours
MRKT 321	3 hours

Health Education Minor

Please check with a Health Advisor before starting the minor program. The requirements for a certified minor teaching field in Health Education may be met by completing the following courses in addition to the successful completion of a teacher education major field of study.

†HS 131	2	†HS 401	3
†HS 132	2	†HS 461	3
†HS 320	3	†HS Electives	12
Total			25

† A grade of "C" or better is required.

Health & Physical Education Minor

Please check with a Physical Education Advisor before starting the minor program. The requirements for a certified minor teaching field in health and physical education may be met by completing the following courses in addition to the successful completion of a teacher education major field of study.

†HS 131	2	†KIN 392/393	3
†KIN 191	1	†KIN 431	3

†KINLs	8	†KIN 443	3
†KIN 321	3	†KIN 461	3
†KIN 362	3	†HS Electives	8
†KIN 372	3	†KIN 351 or 491	3
Total			43

†A grade of "C" or better is required.

Adapted Physical Education

I. Basic Requirements

Certification is required in Physical Education Teacher Education and the completion of the courses listed below.

Spec Educ 200 or 600	3	Kinesiology Education 431	3
Kinesiology 321 or 612	3	†KIN 431	3
Total			9

II. Specialized Requirements

In addition to basic certification requirements, specialized Adapted Physical Education certification requires a minimum of 12 semester hours.

Kinesiology 491 or 591	3	Kinesiology 493 or 593	3
Kinesiology 492 or 592	3	Kinesiology 494 or 594	3
Total			12

† A grade of "C" or better is required.

HEALTH PROMOTION MINOR

Students not majoring in Kinesiology may elect to minor in Health Promotion. Twenty-four hours in Health Studies are required for a minor in Health Promotion. Fifteen of these hours must be in 300 or 400 courses. FCS (Nutrition) 342 may be used as one of the required courses.

SELECTIVE PROGRESSION AND RETENTION POLICY FOR THE ATHLETIC TRAINING CONCENTRATION IN THE DEPARTMENT OF KINESIOLOGY AND HEALTH STUDIES

The Department of Kinesiology and Health Studies of Southeastern Louisiana University reserves the right to recruit, admit, and retain only those students who demonstrate evidence of being academically, physically, mentally, and emotionally capable of performing safe acts of athletic training in a professional manner.

The Department of Kinesiology and Health Studies will permit only those students who have been formally accepted in the athletic training program to register for the clinical progression courses KIN 203/208, 275, 360/363, 364/367, 424, 462, 468/469, 470/471; KINL 225, 355, 214, 113; HS 341, 344, 355, 366.

Students are required to submit an application for admission into the clinical progression courses in the Department of Kinesiology and Health Studies. The application must be favorably acted upon by an appropriate Department of Kinesiology and Health Studies Committee and Athletic Training Education Director before a student is allowed to enroll in the professional athletic training courses. The number of students selected for progression each semester will vary according to the resources available to the Department of Kinesiology and Health Studies.

PROGRESSION PROCEDURES AND POLICY

Students are required to submit an application before enrolling in athletic training clinical progressions.

- a. The application for admission must be on file in the Department of Kinesiology and Health Studies office by October 15 in the Fall semester to enroll in the following Spring semester.
- b. All applications for admission will be processed by the appropriate Department of Kinesiology and Health Studies athletic training selection and retention committee.
- c. Students who make proper application will be considered for progression using the following

criteria: 70% Academic Achievements 20% Professional Experiences Related to Athletic Training
10% Reference Evaluations

- d. A medical history and physical examination will be required prior to taking the first clinical progression courses. The examination report must be submitted four weeks prior to the semester the student enters the course. The Department of Kinesiology and Health Studies reserves the right to investigate situations, which may affect the student's ability to function. In addition, a physician's release may be required.
- e. Students who have health conditions that may prevent their meeting the objectives of the program or a course in the program or that may cause potential injury to that student or to the clients for whom they care, will be required to have a personal interview with Department Head or Program Director.
- f. Students who have had a license to practice athletic training or to practice as another health care provider denied, revoked, suspended, or otherwise restricted, and students who have been convicted of a crime or offense or enter a plea of guilty or nolo contendere to a criminal charge regardless of final disposition of the criminal proceeding, including, but not limited to, expungement or non-adjudication, shall petition the Department of Kinesiology and Health Studies for review and action regarding their right to practice as students of athletic training in Louisiana prior to entry into the first athletic training course.

Students must immediately report to the Department of Kinesiology and Health Studies, any change in their status after being admitted with regard to the above statement. Students in the athletic training program are required to submit evidence of a health examination, using the forms furnished by the Department of Kinesiology and Health Studies, upon enrollment in athletic training clinical progressions. Students in the clinical athletic training courses are further required to submit evidence of annual certification in cardiopulmonary resuscitation (Health Care Provider Course). Any student not complying will be withdrawn from Athletic Training courses. A personal interview may be required.

RETENTION PROCEDURES AND POLICY

- a. After students have been accepted for progression in the athletic training program, students must maintain an adjusted G.P.A. of 2.5 or better, and adjusted 2.5 in the major and achieve a "C" or better in each required athletic training course. When a student falls below an adjusted 2.5 average in the major, he/she will be permitted two (2) semesters in which to achieve the required 2.5 average in required athletic training courses. Failure to do so within the two semesters will require withdrawal from the athletic training program.
- b. Students will be permitted to enroll in any athletic training clinical progression course a maximum of two times.
- c. Students will be permitted to repeat only two athletic training clinical progression courses.

d. Students who fail a clinical progression athletic training course may not progress to the next clinical athletic training course without first successfully completing the failed course.

The appropriate athletic training admission and retention committee will review the status of students, making recommendations to the Department Head, and take proper action on matters as indicated:

- a. When faculty members request the committee to review the continued eligibility of a student.
- b. When grades of a student warrant such a review (failing grades, University appeals, etc.).
- c. When faculty members report that the behavior of a student in the athletic training program indicates a need for review.