



Southeastern Louisiana University

**Master of Arts
Health and Kinesiology**

PURPOSES

The purposes of the Department of Kinesiology and Health Studies are to:

1. Develop and enhance teaching skills, knowledge, and attitudes to enable students to become better teachers, supervisors, and administrators of health and kinesiology programs.
2. Develop and enhance scholarship and professional interest in health studies and kinesiology.
3. Promote the use of research by stimulating interest and developing skill in research techniques.
4. Provide an academic environment that will enable the gifted student to pursue more advanced study.
5. Provide opportunities for developing the skills necessary for working with students from varied backgrounds with diverse value systems.

**HEALTH AND KINESIOLOGY
ADMISSION REQUIREMENTS**

To be considered for admission to the Master of Arts degree program in Health and Kinesiology, an applicant must meet the following criteria:

1. Meet all University admission requirements.
2. Submit a score of 800 on the General Test of the GRE (Verbal and Quantitative) for regular status or a score of 700 on the General Test of the GRE (Verbal and Quantitative) for conditional status in the degree program.
3. Applicants for the Master of Arts in Health and Kinesiology who wish to pursue a Concentration in Health Studies or in Health Promotion and Exercise Science must hold a baccalaureate degree with thirty (30) undergraduate hours in health studies and kinesiology in an approved combination or a baccalaureate degree in related fields, e.g., biology, medical technology, nursing, sociology and approval of the department head.
4. Applicants for the Master of Arts in Health and Kinesiology who wish to pursue a Concentration in Kinesiology must hold a baccalaureate degree with thirty (30) undergraduate hours in health and kinesiology in an approved combination. An applicant for the Master of Arts in Health and Kinesiology with a Concentration in Exercise Science is required to have a baccalaureate degree in health, kinesiology or related fields approved by the department head, such as biology, psychology, nursing, chemistry, and have completed specified undergraduate courses or the equivalent in biomechanics, exercise physiology, motor behavior and nutrition.
12. All applicants are required to have taken an undergraduate human anatomy and physiology course (lecture and lab).
13. Graduate students enrolled in the Kinesiology concentration may not transfer in more than 6 semester hours from another university and/or program.
14. Graduate students enrolled in the other three concentrations (Exercise Science, Health Studies, and Health Promotion & Exercise Science) may not transfer in more than 9 semester hours from another university and/or program.

**REQUIREMENTS FOR DEGREE
HEALTH STUDIES CONCENTRATION**

THESIS PROGRAM—Complete thirty (30) hours in an approved combination of health studies courses including six (6) hours of thesis. Health studies courses must include Health Studies 601, 606, 610, 637, 638 and 770.

NON-THESIS PROGRAM—Complete a minimum of twenty-seven (27) hours in an approved combination of health studies courses and up to nine (9) hours in an approved related field. Health Studies courses must include Health Studies 601 and 606, 610, 637, and 638.

HEALTH PROMOTION AND EXERCISE SCIENCE CONCENTRATION

THESIS PROGRAM—Complete thirty (30) hours of an approved combination of health and kinesiology courses, including six (6) hours of thesis. These courses must include Health Studies 601, 606, 624, 636, 637 and 770; Kinesiology 625, 644 and 638.

NON-THESIS PROGRAM—Complete thirty-six (36) hours of an approved combination of health studies and kinesiology courses that include Health Studies 601, 606, 624, 635, 636 and 637; Kinesiology 625, 644 and 638.

KINESIOLOGY CONCENTRATION

THESIS PROGRAM—Complete thirty (30) hours in an approved combination of kinesiology courses including six (6) hours of thesis. Courses must include Kinesiology 601, 606, and 770 and three courses in one interest area selected from Adapted Physical Education, Exercise Physiology, Exercise and Sport Psychology, Motor Behavior, or Pedagogy and at least one course from each of two other interest areas listed above.

NON-THESIS PROGRAM—Complete thirty-six (36) hours with a minimum of twenty-four (24) hours in an approved combination of kinesiology courses and up to twelve (12) hours in a related field. Kinesiology courses must include Kinesiology 601, 606, three courses in one interest area selected from Adapted Physical Education, Exercise Physiology, Exercise and Sport Psychology, Motor Behavior, or Pedagogy, and at least one course from each of two other interest areas listed above.

EXERCISE SCIENCE CONCENTRATION

THESIS PROGRAM—Complete thirty (30) hours in an approved combination of Kinesiology courses that include Kinesiology 601, 606, 612, 621, 623, 625, 638, 644, 770.

NON-THESIS PROGRAM—Complete thirty-six (36) hours in an approved combination of Kinesiology courses to include 601, 606, 612, 621, 623, 625, 636, 638, 644, and nine (9) hours of Kinesiology electives.

All candidates for a degree must complete a satisfactory score on the comprehensive examination.