

**Major Field Assessment Plan
B.S. in Kinesiology
Fall 2010**

The purpose of the B.S. in Kinesiology is to prepare prospective Kinesiology professionals with a quality educational foundation which will allow them to assume professional roles in society through a career in business, industry, agencies, hospitals, or educational settings. The B.S. in Kinesiology allows students to select concentrations in Exercise Science and Fitness and Human Performance.

GOAL 1: Graduates with a B.S. in Kinesiology will demonstrate professional knowledge, skills, and competencies as they deliver instruction or services to clients.

A. Expected Outcome

Graduates will demonstrate the ability to implement professional knowledge and skills in the planning and delivery of instruction, treatment, and/or services.

Assessment: 80% of students will be evaluated favorably (score of 8 or higher on a 10-point scale) during the senior-level internship (final evaluation) on items focusing on.

- Exercise physiology
- Anatomy and biomechanics
- Pathophysiology/risk factor identification
- Behavior/psychology
- Health/fitness assessment
- Safety/injury prevention/emergency response
- Exercise programming/prescription

B. Expected Outcome

Graduates will demonstrate appropriate professional dispositions in the planning and delivery of instruction, treatment, and/or services.

Assessment: 80% of students will be evaluated favorably (score of 8 or higher on a 10-point scale) during the senior-level internship (final evaluation) on items focusing on.

- Interpersonal relationships in the workplace
- Self motivation
- Response to criticism/feedback
- Appearance
- Professionalism
- Interaction with patients/clients
- Time management
- Work habits
- Verbal and written communication

GOAL 2: Graduates with a B.S. in Kinesiology will evaluate aspects of their undergraduate preparation favorably on the Exit Survey.

Expected Outcome

Graduates with a B.S. in Kinesiology will express satisfaction with the preparation they received relative to specific items pertaining to the quality of instruction and experiences.

Assessment: On the exit survey of graduates, 80% of undergraduates will express satisfaction with the preparation they received (indicate 4 or 5 on a 5-point scale) on the following items:

- Overall quality of your degree program
- Effectiveness of the faculty as teachers
- Quality of instruction in advanced courses
- Internship, internship, clinical, or other hands-on exp
- Quality of instruction regarding standards and ethics in your major field

GOAL 3: Graduates with a B.S. in Kinesiology will gain an awareness of multi-cultural issues in their field, and express positive attitudes toward working with colleagues, students, and clients who are multi-culturally diverse.

NOTE: Students in the B.S. in Kinesiology are exposed to issues related to diversity, and cultural and global perspectives in several courses including: HS 132, HS 362, KIN 362, KIN 436. In addition, students are placed in multi-cultural settings during field-based experiences.

Expected Outcome

Graduates with a B.S. in Kinesiology will express awareness of multi-cultural issues in the preparation they received.

Assessment

On the exit survey, 80% of graduates will express satisfaction (indicate 4 or 5 on a 5-point scale) with the item: The extent to which your graduate program adequately prepared you to work in diverse settings with people of different backgrounds, cultures, etc.