

**Major Field Assessment Plan
M.A. in Health and Kinesiology
Spring 2010**

The educational goal of the Kinesiology and Health Studies Department is to prepare prospective Health and Kinesiology professionals with a quality foundation that will allow them to assume professional roles in society through a career in business, industry, agencies, hospitals, or educational settings. The M.A. in Health and Kinesiology is comprised of four concentrations from which students can select: Health Studies, Health Promotion and Exercise Science, Exercise Science and Kinesiology.

GOAL 1: M.A. in Health and Kinesiology graduates will demonstrate professional knowledge, skills, and competencies related to their particular area of study.

- A. *Expected Outcome: Graduates will demonstrate competence in written communication.*

Assessment: 90% of graduates will score satisfactory or better (average score of 4 or higher) on the Graduate Written Comprehensive Exam items focusing on “communication skills.”

**From the time Period: Fall 2006 – Spring 2010
98% of graduates scored satisfactory or better (average score of 4 or higher) on the Graduate Written Comprehensive Exam items focusing on “communication skills.”**

- B. *Expected Outcome: Graduates will demonstrate an ability to synthesize, apply, and interpret/evaluate research and literature in their respective specialized areas of study.*

Assessment: 90% of graduates will score satisfactory or better (average score of 4 or higher) on the Graduate Written Comprehensive Exam items focusing on “thinking skills.”

**From the time Period: Fall 2006 – Spring 2010
100% of graduates scored satisfactory or better (average score of 4 or higher) on the Graduate Written Comprehensive Exam items focusing on “thinking skills.”**

- C. *Expected Outcome: Graduates will demonstrate an adequate knowledge respective specialized areas of study.*

Assessment: 90% of graduates will score satisfactory or better (average of 4 or higher) on the Graduate Written Comprehensive Exam items focusing on “knowledge of specific content areas.”

**From the time Period: Fall 2006 – Spring 2010
90% of graduates scored satisfactory or better (average of 4 or higher) on the Graduate Written Comprehensive Exam items focusing on “knowledge of specific content areas”**

GOAL 2: M.A. in Health and Kinesiology graduates will evaluate aspects of their graduate program and preparation favorably on the Exit Survey.

Expected Outcome: Graduates will express satisfaction with the preparation they received relative to specific items pertaining to the quality of instruction and experiences.

Assessment

On the exit survey, 75% of graduates will express satisfaction with the preparation they received (indicate 4 or 5 on a 5-point scale) on the following items:

1. Effectiveness of the faculty as teachers
2. Interest shown by faculty in your academic development
3. Quality of instruction in advanced courses
4. Opportunity for meaningful interaction with faculty in research/scholarly activity
5. Library resources available for your major
6. Overall quality of your degree program

	2004/2005	2005/2006	2006/2007
Effectiveness of the faculty as teachers	100	100	81.8
Interest shown by faculty in your academic develop	100	92.8	90.9
Quality of instruction in advanced courses	92	85.7	90.9
Opportunity for meaningful interaction with faculty	100	92.8	81.8
Library resources available for your major	84.7	92.8	81.8
Overall quality of your degree program	92.3	100	90.9

GOAL 3: M.A. in Health and Kinesiology graduates will gain an awareness of multi-cultural issues in their field, and express positive attitudes toward working with colleagues, students, and clients who are multi-culturally diverse.

Assessment

On the exit survey, 75% of graduates will express satisfaction (indicate 4 or 5 on a 5-point scale) with the item: The extent to which your graduate program adequately prepared you to work in diverse settings with people of different backgrounds, cultures, etc.

	2004/2005	2005/2006	2006/2007
Work in diverse settings with people of different backgr	92.3	85.7	81.8

NOTE: Students pursuing the M.A. in Health and Kinesiology are exposed to issues related to diversity, and cultural and global perspectives in several courses including: HS 617, HS 619, HS 610, HS 621, HS 637, HS 638, KIN 591, KIN 592, and KIN 593. In addition, students who elect to engage in Internship Experiences are placed in settings wherein they interact with people of diverse cultures.

Summary and Changes

Over the past few years, we have met the goals set for the assessment of this degree program; the majority of graduate students who complete the MA in H&K have performed very well on the written comprehensive exam, and have evaluated our program favorably.

In addition to the items/areas of evaluation on the exit survey used for this report, the exit survey addresses a number of other topics. Average values for the past 4 years indicate very high marks for overall quality of the department, class size, quality of instruction, and faculty treatment of students. However, lower scores were reported for (a) professional organizations clubs on campus specific to my major, and (b) satisfaction with internship opportunities. We addressed this feedback.

- We formed a new student organization open to all KHS majors and urged graduate students to get involved.**
- Few graduate students typically pursue an internship, although this is an available option on the program. We have made it a point to alert students to this possibility and encourage them to pursue internships as culminating courses of the degree. In recent semesters, the number of interns has increased.**