

**Major Field Assessment Plan
M.A. in Health and Kinesiology
Spring 2007**

The educational goal of the Kinesiology and Health Studies Department is to prepare prospective Health and Kinesiology professionals with a quality foundation that will allow them to assume professional roles in society through a career in business, industry, agencies, hospitals, or educational settings. The M.A. in Health and Kinesiology is comprised of four concentrations from which students can select: Health Studies, Health Promotion and Exercise Science, Exercise Science and Kinesiology.

GOAL 1: M.A. in Health and Kinesiology graduates will demonstrate professional knowledge, skills, and competencies related to their particular area of study.

- A. *Expected Outcome: Graduates will demonstrate competence in written communication.*

Assessment: 90% of graduates will score satisfactory or better (average score of 4 or higher) on the Graduate Written Comprehensive Exam items focusing on “communication skills.”

- B. *Expected Outcome: Graduates will demonstrate an ability to synthesize, apply, and interpret/evaluate research and literature in their respective specialized areas of study.*

Assessment: 90% of graduates will score satisfactory or better (average score of 4 or higher) on the Graduate Written Comprehensive Exam items focusing on “thinking skills.”

- C. *Expected Outcome: Graduates will demonstrate an adequate knowledge of statistics and research methods applied to studies in their respective specialized areas.*

Assessment: 90% of graduates will score satisfactory or better (average of 4 or higher) on the Graduate Written Comprehensive Exam items focusing on “knowledge of specific content areas.”

GOAL 2: M.A. in Health and Kinesiology graduates will evaluate aspects of their graduate program and preparation favorably on the Exit Survey, Alumni Survey, and Graduate Student Opinion of Program survey (collected by the department).

Expected Outcome: Graduates will express satisfaction with the preparation they received relative to specific items pertaining to the quality of instruction and experiences.

Assessment

On the exit survey, 75% of graduates will express satisfaction with the preparation they received (indicate 4 or 5 on a 5-point scale) on the following items:

1. Effectiveness of the faculty as teachers
2. Interest shown by faculty in your academic development
3. Quality of instruction in advanced courses
4. Opportunity for meaningful interaction with faculty in research or other scholarly activity
5. Library resources available for your major
6. Overall quality of your degree program

GOAL 3: M.A. in Health and Kinesiology graduates will gain an awareness of multi-cultural issues in their field, and express positive attitudes toward working with colleagues, students, and clients who are multi-culturally diverse.

Assessment

On the exit survey, 75% of graduates will express satisfaction (indicate 4 or 5 on a 5-point scale) with the item: The extent to which your graduate program adequately prepared you to work in diverse settings with people of different backgrounds, cultures, etc.

NOTE: Students pursuing the M.A. in Health and Kinesiology are exposed to issues related to diversity, and cultural and global perspectives in several courses including: HS 617, HS 619, HS 610, HS 621, HS 637, HS 638, KIN 591, KIN 592, and KIN 593. In addition, students who elect to engage in Internship Experiences are placed in settings wherein they interact with people of diverse cultures.