

Southeastern Louisiana University
Department of Kinesiology and Health Studies

CURRICULUM IN KINESIOLOGY
LEADING TO THE DEGREE OF BACHELOR OF ARTS
CONCENTRATION: HEALTH AND PHYSICAL EDUCATION TEACHER EDUCATION
2004-2005 Catalog

FIRST YEAR

FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
*Chemistry 101/103 or 121/123 (Chem. + Lab)	4	*Zoology 250/252 (Anatomy/Physiology + Lab)	4
*General Biology 151/152 (Gen. Biology + Lab)	4	*English 102 (Critical Reading & Writing)	3
*English 101 (Freshman Composition)	3	*Math 162 or 241 (Trig or Statistics)	3
*Math 160 or 161 (College Algebra)	3	†Kinesiology 191 (Intro to Kinesiology)	1
†Kinesiology Lab ¹	1	†Health Studies 131 (First Aid & CPR)	2
†Kinesiology Lab ¹	1	†Kinesiology Lab ¹	1
†Health Studies 132 (Personal Health)	2	†Kinesiology Lab 214 (Fundamentals of Fitness)	1
Orientation	<u>0-1</u>	Social/Behavioral Elective ²	<u>3</u>
	18-19		18

SECOND YEAR

*English 230, 231, or 232 (Literature)	3	Communication 210 or 211 ³ (Public Speaking)	3
Music, Visual Arts, Dance, Theatre Elective	3	†Health Studies 162 (Drugs & Society)	3
History 201 or 202 (American History)	3	†Kinesiology 362 (Sport History)	3
†Kinesiology Lab ¹	1	*English 230, 231, 232 or 322 (Lit or Tech Writ)	3
†Kinesiology Lab ¹	1	†Kinesiology Lab ¹	1
†Family and Consumer Sciences 342 (Nutrition)	3	†Kinesiology Lab ¹	1
†Kinesiology 275 (Anatomical Kinesiology)	<u>3</u>	††Education 201 (Intro to Education)	1
	17	†Education 211 (Diversity in Education)	<u>2</u>
			17

THIRD YEAR

†Kinesiology 321 (Motor Learning)	3	†Kinesiology 372 (Biomechanics)	3
†Kinesiology 392/393 (Exercise Physiology)	3	†Kinesiology 443 (Org and Admin of PE)	3
Social/Behavioral Elective ²	3	†Kinesiology 326 (Strength/Cond Programs)	3
†Educational Psychology 301 (Educ Psychology)	3	†Educational Psychology 315 (Classroom Motiv)	3
†Kinesiology 431 (Measurement & Evaluation)	3	†Kinesiology 351 (Elementary PE Methods)	3
†Kinesiology Lab ¹	1	†Health Studies 461 (School Health Program)	<u>3</u>
†Kinesiology Lab ¹	<u>1</u>		18
	17		

FOURTH YEAR

†Kinesiology 436 (Sport Psychology)	3	Education 486 (Student Teaching)	<u>9</u>
†Education 485 (Secondary PE MethodsI)	3		9
†Education 488 (Secondary PE Practicum)	1		
†Education 472 (Reading in Content Area)	3		
†Kinesiology 491 (Adapted Physical Education)	3		
†Health Studies 401 (Health Instruction)	<u>3</u>		
	16		

Total semester hours required

130-131

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

* Grade of "C" or higher is required.

† Major course, grade of "C" or higher is required.

†† Major course, grade of "B" or higher is required.

¹ Kinesiology Labs for this concentration are: 209, 210, 212, 213, 214, 215, 216, 217, 218, 219.

² Social/Behavioral Electives must be selected from Anthropology, Economics, Geography, Political Science, Psychology, and Sociology.

³ Communication 210 recommended for this concentration.