

BS in Health Education and Promotion

2008-2009 Catalog

FIRST YEAR

| FIRST SEMESTER | S.H | SECOND SEMESTER | |
|------------------------------------------------------|------------|-------------------------------------------------|----------|
| *Chemistry 101/103 or 121/123 (Chemistry + Lab)..... | 4 | *Zoology 250/252 (Anatomy & Physiology 1) | 4 |
| *General Biology 151/152 (Biology + Lab)..... | 4 | *English 102 (Critical Reading & Writing)..... | 3 |
| *English 101 (Freshman Composition) | 3 | †Health Studies 133 (Healthy Lifestyles)..... | 3 |
| *Mathematics 161 ² (College Algebra)..... | 3 | †Health Studies 131 (First Aid & CPR) | 2 |
| Southeastern 101..... | <u>0-3</u> | Psychology 101 (General Psychology)..... | 3 |
| | 14-17 | *Mathematics 241 (Statistics) | <u>3</u> |
| | | | 18 |

SECOND YEAR

| | | | |
|-----------------------------------------------------|----------|--------------------------------------------------------|----------|
| *English 230, 231, or 232 (Literature)..... | 3 | *Zoology 251/253 (Anatomy & Physiology 2) | 4 |
| Music, Visual Arts, Dance, Theater Elective..... | 3 | †Health Studies 331 (Health Info & the Media)..... | 3 |
| *Communication 211 (Intro to Public Speaking) | 3 | Sociology 101 (Intro to Sociology) | 3 |
| †Health Studies 162 (Drugs & Society)..... | 3 | †Health Studies 252 (Health and Stress) | 3 |
| †Health Studies 251 (Human Sexuality)..... | 3 | †Health Studies 260 (Foundations of Health Educ) | <u>3</u> |
| History Elective | <u>3</u> | | 16 |
| | 18 | | |

THIRD YEAR

| | | | |
|---------------------------------------------------|----------|--------------------------------------------------------|----------|
| †Health Studies 360 (Intro to Epidemiology)..... | 3 | †Health Studies 440 (Research Methods)..... | 3 |
| †Health Studies 312 (Community Health)..... | 3 | †Health Studies 320 (Health Program Planning)..... | 3 |
| *Family & Consumer Sciences 342 (Nutrition) | 3 | †Health Studies 453 (Health Assessment and Promo)..... | 3 |
| *Nursing 313 (Study of Human Diseases)..... | 3 | *Marketing 303, 314, 321, or 342 | 3 |
| †Major Elective ¹ | 3 | †Major Elective ¹ | <u>3</u> |
| †Management 141 | <u>3</u> | | 15 |
| | 18 | | |

FOURTH YEAR

| | | | |
|-------------------------------------------------------|----------|----------------------------------------|----------|
| †Health Studies 362 (Worksite Health Promotion) | 3 | †Health Studies 410 (Internship) | <u>6</u> |
| †Health Studies 401 (Health Instruction)..... | 3 | | 6 |
| †Health Studies 454 (Health Behavior Change)..... | 3 | | |
| †Family and Consumer Sciences 411 or 421 or 432..... | 3 | | |
| †Major Elective ¹ | <u>6</u> | | |
| | 18 | | |

Total semester hours required: 123-126

* A grade of C or higher is required.

† Major course; a grade of C or higher is required.

¹ Major Electives in concentration in:

Community Health Promotion must be selected from: HS 313, 351, 430, 439, 462, 463, 464; KIN 230; KINL up to 3 hours; English 322; MGMT 351; NURS 214, 215, 231; PSYC 204; FCS 304, 321, 322, 344, 411, 421, 432.

Worksite Health Promotion must be selected from: HS 313, 351, 430, 439, 462, 463, 464; KIN 230, 392, 424, 434; KINL up to 3 hours; MRKT 321, 342; MGMT 351; FCS 344, 411, 421, 432; NURS 231; PSYC 204.

² Students with an ACT Math score of 20 or lower will take Math 155 (5 credit hours) in place of Math 161, which will increase 2 credit hours the total number of hours required for the degree.