

**Southeastern Louisiana University**  
**Department of Kinesiology and Health Studies**

**BS in Health Education and Promotion**  
**2006-2007 Catalog**

FIRST YEAR

FIRST SEMESTER	S.H	SECOND SEMESTER	
*Chemistry 101/103 or 121/123 (Chemistry + Lab).....	4	*Zoology 250/252 (Anatomy & Physiology 1) .....	4
*General Biology 151/152 (Biology + Lab).....	4	*English 102 (Critical Reading & Writing).....	3
*English 101 (Freshman Composition) .....	3	†Health Studies 133 (Healthy Lifestyles) .....	3
*Mathematics 161 (College Algebra).....	3	†Health Studies 131 (First Aid & CPR) .....	2
*Psychology 101 (General Psychology).....	3	Sociology 101 (Intro to Sociology) .....	3
Orientation 101 .....	<u>0-1</u>	*Mathematics 241 (Statistics).....	<u>3</u>
	17-18		18

SECOND YEAR

*English 230, 231, or 232 (Literature).....	3	*Zoology 251/253 (Anatomy & Physiology 2) .....	4
Music, Visual Arts, Dance, Theater Elective.....	3	*Communications 211 (Public Speaking) .....	3
Computer Science Elective .....	3	*Management 141 (Intro to Business).....	3
†Health Studies 162 (Drugs & Society).....	3	†Health Studies 252 (Health and Stress) .....	3
†Health Studies 251 (Human Sexuality).....	3	†Health Studies 260 (Foundations of Health Educ) .....	<u>3</u>
History 201 or 202 (American History).....	<u>3</u>		16
	18		

THIRD YEAR

†Health Studies 360 (Intro to Epidemiology).....	3	†Health Studies 331 (Health Info and Media) .....	3
†Health Studies 312 (Community Health).....	3	†Health Studies 320 (Health Program Planning).....	3
*Family & Consumer Sciences 342 (Nutrition) .....	3	†Health Studies 453 (Health Assessment and Promo).....	3
*Nursing 313 (Study of Human Diseases).....	3	*Marketing 303, 314, 321, or 342 .....	3
†Major Elective <sup>1</sup> .....	<u>3</u>	†Major Elective <sup>1</sup> .....	<u>3</u>
	15		15

FOURTH YEAR

†Health Studies 362 (Worksite Health Promotion) .....	3	†Health Studies 410 <sup>2</sup> (Senior Practicum).....	<u>6</u>
†Health Studies 401 (Health Instruction).....	3		6
†Health Studies 454 (Health Behavior Change).....	3		
*Family and Consumer Sciences 411 (Diet Therapy) .....	3		
†Major Elective <sup>1</sup> .....	<u>6</u>		
	18		

**Total semester hours required: 123-124**

\* A grade of C or higher is required.

† Major course; a grade of C or higher is required

<sup>1</sup> Major Electives in concentration in **Community Health Promotion** must be selected from: HS 351, 430, 439, 462, 463, 464; KIN 230; KINL up to 3 hours; English 322; MGMT 351; NURS 214, 215, 231; PSYC 204.

<sup>1</sup> Major Electives in concentration in **Worksite Health Promotion** must be selected from HS 351, 430, 439, 462, 463, 464; KIN 230, 392/393, 424, 434; KINL up to 3 hours; MRKT 321, 342; MGMT 351; NURS 231; PSYC 204.

<sup>2</sup> See catalog for requirements for Health Studies 410 (Senior Practicum)