

Southeastern Louisiana University
Department of Kinesiology and Health Studies

BS in Health Education and Promotion
2005-2006 Catalog

FIRST YEAR			
FIRST SEMESTER	S.H	SECOND SEMESTER	S.H.
†Chemistry 101/103 or 121/123 (Intro Chemistry).....	4	†Zoology 250/252 (Human Anatomy/Physiology 1)	4
†General Biology 151/152 (Intro Biology).....	4	†English 102 (Critical Reading and Writing).....	3
†English 101 (Freshman Composition)	3	†Health Studies 133 (Healthy Lifestyles).....	3
†Math 161 (Algebra)	3	†Health Studies 131 (First Aid & CPR)	2
†Psychology 101 (Intro to Psychology).....	3	Sociology 101 (Intro to Sociology)	3
Orientation 101	0-1	†Math 241 (Statistics)	3
	17-18		18
SECOND YEAR			
†English 230, 231, or 232 (Literature).....	3	†Zoology 251/253 (Human Anatomy/Physiology 2)	4
Music, Visual Arts, Dance, Theater	3	†Communication 211 (Public Speaking).....	3
Computer Science Elective	3	†Management 141 (Intro to Business).....	3
†Health Studies 162 (Drugs and Society)	3	†Health Studies 252 (Health and Stress)	3
†Health Studies 251 (Human Sexuality).....	3	†Health Studies 260 (Foundations of Health Educ)	3
History 201 or 202 (American History).....	3		16
	18		
THIRD YEAR			
†Health Studies 360 (Intro to Epidemiology)	3	†Health Studies 331 (Health Info and the Media)	3
†Health Studies 312 (Community Health).....	3	†Health Studies 320 (Health Promo Program Planning)	3
†Family & Consumer Sciences 342 (Nutrition).....	3	†Health Studies 453 (Health Assessment).....	3
†Nursing 313 (Study of Human Diseases).....	3	†Marketing 303, 314, 321, or 342	3
†Major Elective ²	3	†Major Elective ²	3
	15		15
FOURTH YEAR			
†Health Studies 362 (Worksite Health Promotion).....	3	†Health Studies 410 ³ (Senior Practicum/Internship)	6
†Health Studies 401 (Health Instruction).....	3		6
†Health Studies 454 (Health Behavior Change)	3		
†Family and Consumer Sciences 411 (Advanced Nutr)	3		
†Major Elective ²	6		
	18		

Total semester hours required: 123-124

†A grade of C or higher is required.

¹ Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

² Major Electives in concentration in **Community Health Promotion** must be selected from: HS 351, 430, 439, 462, 463, 464; KIN 230; KINL up to 3 hours; English 322; MGMT 351; NURS 214, 215, 231; PSYC 204.

² Major Electives in concentration in **Worksite Health Promotion** must be selected from HS 351, 430, 439, 462, 463, 464; KIN 230, 392/393, 424, 434; KINL up to 3 hours; MRKT 321, 342; MGMT 351; NURS 231; PSYC 204.

³ All coursework must be completed before enrolling in Health Studies 410, which requires 320 practicum hours (approximately 23 hours per week for 14 weeks).