

Southeastern Louisiana University  
Department of Kinesiology and Health Studies

**CURRICULUM IN HEALTH EDUCATION AND PROMOTION  
LEADING TO THE DEGREE OF BACHELOR OF SCIENCE  
2004-2005 CATALOG**

**FIRST YEAR**

FIRST SEMESTER	S.H	SECOND SEMESTER	
†Chemistry 101/103 or 121/123 (Chem. + Lab).....	4	†Zoology 250/252 (Anatomy & Physiology 1) .....	4
†General Biology 151/152 (Biology + Lab).....	4	†English 102 (Critical Reading & Writing).....	3
†English 101 (Freshman Composition) .....	3	†Health Studies 133 (Healthy Lifestyles).....	3
†Math 161 (College Algebra).....	3	†Health Studies 131 (First Aid & CPR) .....	2
†Psychology 101 (General Psychology).....	3	Sociology 101 (Intro to Sociology) .....	3
Orientation 101 .....	<u>0-1</u>	†Math 241 (Statistics).....	<u>3</u>
	17-18		18

**SECOND YEAR**

†English 230, 231, or 232 (Literature) .....	3	†Zoology 251/253 (Anatomy & Physiology 2) .....	4
Music, Visual Arts, Dance, Theater.....	3	†Communications 211 (Public Speaking) .....	3
Computer Science elective .....	3	†Management 141 (Intro to Business).....	3
†Health Studies 162 (Drugs & Society) .....	3	†Health Studies 252 (Health and Stress) .....	3
†Health Studies 251 (Human Sexuality) .....	3	†Health Studies 260 (Foundations of Health Ed) .....	<u>3</u>
History 201 or 202 (American History).....	<u>3</u>		16
	18		

**THIRD YEAR**

†Health Studies 360 (Intro to Epidemiology).....	3	†Health Studies 331 (Health Info and Media) .....	3
†Health Studies 312 (Community Health).....	3	†Health Studies 320 (Health Program Planning).....	3
†Family & Consumer Sciences 342 (Nutrition) .....	3	†Health Studies 453 (Hlth Assessment & Promo).....	3
†Nursing 313 (Study of Human Diseases) .....	3	†Marketing 314 .....	3
†Major Elective <sup>2</sup> .....	<u>3</u>	†Major Elective <sup>2</sup> .....	<u>3</u>
	15		15

**FOURTH YEAR**

†Health Studies 362 (Worksite Health Promotion) ...	3	†Health Studies 410 <sup>3</sup> (Senior Practicum).....	<u>6</u>
†Health Studies 401 (Health Instruction) .....	3		6
†Health Studies 454 (Health Behavior Change).....	3		
†Family & Consumer Sciences 411 (Diet Therapy).....	3		
†Major Elective <sup>2</sup> .....	<u>6</u>		
	18		

**Total semester hours required: 123-124**

†A grade of C or higher is required.

<sup>1</sup> Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

<sup>2</sup> Major Electives in concentration in *Community Health Promotion* must be selected from: HS 351, 430, 439, 462, 463, 464; KIN 230; KINL up to 3 hours; English 322; MGMT 351; NURS 214, 215, 231.

<sup>2</sup> Major Electives in concentration in *Worksite Health Promotion* must be selected from HS 430, 439, 462, 463, 464; KIN 230, 392/393, 424, 434; KINL up to 3 hours; MRKT 321, 342; MGMT 351; NURS 231.

<sup>3</sup> All coursework must be completed before enrolling in Health Studies 410, which requires 320 practicum hours (approximately 23 hours per week for 14 weeks).