

**CURRICULUM IN KINESIOLOGY  
LEADING TO THE DEGREE OF BACHELOR OF SCIENCE**

**EXERCISE SCIENCE CONCENTRATION  
2007-2008 CATALOG**

FIRST YEAR	
FIRST SEMESTER	S.H.
*Chemistry 121/123 (Inorganic Chemistry 1) .....	4
*General Biology 151/152 (General Biology) .....	4
*English 101 (Freshman Composition) .....	3
*Mathematics 161 <sup>2</sup> (College Algebra).....	3
Southeastern 101.....	<u>0-3</u>
14-17	
SECOND SEMESTER	S.H.
*Chemistry 122/124 (Inorganic Chemistry 2) .....	4
*English 102 (Critical Reading & Writing).....	3
*Mathematics 162 (Trigonometry).....	3
†Kinesiology 191 (Intro to Health & Kinesiology) .....	1
†Kinesiology Lab 214 (Fundamentals of Fitness).....	1
†Health Studies 132 (Personal Health).....	2
*Psychology 101 (General Psychology).....	<u>3</u>
17	
SECOND YEAR	
*English 230, 231, or 232 (Literature).....	3
†Kinesiology 275 (Anatomical Kinesiology) .....	3
History Elective .....	3
*Physics 191/193 (General Physics 1).....	4
*Zoology 250/252 (Anatomy & Physiology 1) .....	<u>4</u>
17	
Communication 211 (Public Speaking).....	3
*Physics 192/194 (General Physics 2).....	4
†Kinesiology Lab .....	1
*Mathematics 241 (Statistics).....	3
*Zoology 251/253 (Anatomy & Physiology 2) .....	4
Social/Behavioral Elective <sup>1</sup> .....	<u>3</u>
18	
THIRD YEAR	
†Kinesiology 321 (Motor Learning).....	3
†Kinesiology 372 (Biomechanics).....	3
†Kinesiology 392 (Exercise Physiology).....	3
†Family and Consumer Sciences 342 (Nutrition).....	3
*General Biology 200 (Cell Biology).....	3
†Kinesiology 362 (History of Sport, PE, & Fitness) .....	<u>3</u>
18	
*Chemistry 261/263 or 265/267 (Organic Chemistry) .....	4
†Kinesiology 436 (Sport & Exer Psychology) .....	3
†Kinesiology Lab .....	1
*English 322 (Professional Writing) .....	3
Music, Art, Dance, or Theatre .....	3
†Kinesiology 424 (Fitness Testing & Prescription).....	<u>3</u>
17	
FOURTH YEAR	
FIRST SEMESTER	S.H.
†Kinesiology 434 (Clinical Aspects of Fitness Testing)...	3
†Health Studies 131 (First Aid & CPR) .....	2
†Kinesiology 326 (Strength/Conditioning Programs) .....	3
†Family & Consumer Sciences 411 or 432 (Adv Nutr)....	3
Electives.....	4
†Kinesiology Lab .....	<u>1</u>
16	
SECOND SEMESTER	S.H.
†Kinesiology 410 (Internship).....	<u>6</u>
6	

Total semester hours required: 123-126

Southeastern 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† Major course, grade of “C” or higher is required.

\* Grade of “C” or higher is required.

<sup>1</sup> Social/Behavioral Electives must be selected from Anthropology, Economics, Geography, Political Science, Psychology, and Sociology.

<sup>2</sup> Students with an ACT Math score of 20 or lower will take Math 155 (5 credit hours) in place of Math 161, which will increase 2 credit hours the total number of hours required for the degree.