

Southeastern Louisiana University
Department of Kinesiology and Health Studies

BS in Kinesiology
Exercise Science Concentration
2005-2006 Catalog

	FIRST YEAR		
FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
*Chemistry 121/123 ¹ (Inorganic Chemistry 1).....	4	†Chemistry 122/124 (Inorganic Chemistry 2).....	4
*General Biology 151/152 (Intro Biology).....	4	*English 102 (Critical Reading & Writing)	3
*English 101 (Freshman Composition)	3	*Math 162 (Trigonometry).....	3
*Math 160 or Math 161 ² (Algebra)	3	†Kinesiology 191 (Intro to Kinesiology)	1
Social/Behavioral Elective ³	3	†Kinesiology Laboratory 214 (Fitness Fundamentals).....	1
†Kinesiology Laboratory	1	†Health Studies 132 (Personal Health).....	2
Orientation 101	<u>0-1</u>	†Health Studies 131 (First Aid & CPR).....	<u>2</u>
	18-19		16
	SECOND YEAR		
*English 230, 231, or 232 (Literature).....	3	Communication 210 or 211 ⁵ (Public Speaking).....	3
†Kinesiology 275 (Anatomic Kinesiology).....	3	†Physics 192/194 (General Physics 2)	4
History 201 or 202 (American History).....	3	†Kinesiology Lab	1
†Physics 191/193 (General Physics 1).....	4	†Health Studies 162 (Drugs and Society).....	3
*Zoology 250/252 (Human Anatomy/Physiology 1)....	4	†Math 241 (Statistics)	3
†Kinesiology Laboratory	<u>1</u>	†Zoology 251/253 (Human Anatomy/Physiology 2) .	4
	18		18
	THIRD YEAR		
†Kinesiology 321 (Motor Learning).....	3	†Chemistry 265/267 (Organic Chemistry)	4
†Kinesiology 372 (Biomechanics).....	3	†Kinesiology 436 (Sport Psychology).....	3
†Kinesiology 392/393 (Exercise Physiology).....	3	†Kinesiology Lab	1
†Family and Consumer Sciences 342 (Nutrition).....	3	†English 230, 231, 232 or 322 ⁴ (Lit/Prof Writing)	3
†General Biology 200 (Cell Biology).....	3	Music, Visual Arts, Dance, Theater	3
†Kinesiology 362 (History of Sport and PE).....	<u>3</u>	†Kinesiology 424 (Exercise Testing and Prescr).....	<u>3</u>
	18		17
	FOURTH YEAR		
FIRST SEMESTER		SECOND SEMESTER	
†Kinesiology 434 (Clinical Exer Testing and Prescr)...	3	†Kinesiology 410 (Senior Practicum/Internship)	<u>6</u>
Social/Behavioral Elective.....	3		
†Kinesiology 326 (Advanced Strength Training)	3		
†Family & Consumer Sciences 411 or 432 (Adv Nutr) 3	3		
†Electives	<u>7</u>		
	19		
Total semester hours required			130-131

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† Major course, grade of "C" or higher is required.

* Grade of "C" or higher is required.

¹ Chemistry 121/123 recommended; prerequisite for subsequent courses.

² Math 161 recommended; prerequisite for subsequent courses.

³ Psychology 101 recommended.

⁴ English 322 recommended.

⁵ Communication 211 recommended.

Social/Behavioral Electives selected from Anthropology, Economics, Geography, Political Science, Psychology, Sociology.

Recommended electives for Pre-Physical Therapy students include Psychology 204 and 422, Microbiology 223, General Biology 153/154, Zoology 332 and 392.