

Southeastern Louisiana University
Department of Kinesiology and Health Studies

CURRICULUM IN KINESIOLOGY
LEADING TO THE DEGREE OF BACHELOR OF ARTS
CONCENTRATION: EXERCISE SCIENCE
2004-2005 Catalog

FIRST YEAR

FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
*Chemistry 121/123 ¹ (Inorganic Chem 1)	4	†Chemistry 122/124 (Inorganic Chem 2)	4
*General Biology 151/152 (Gen Biology)	4	*English 102 (Critical Reading & Writing)	3
*English 101 (Freshman Composition)	3	*Math 162 (Trigonometry)	3
*Math 160 or Math 161 ² (College Algebra)	3	†Kinesiology 191 (Intro to Kinesiology)	1
Social/Behavioral Science Elective ³	3	†Kinesiology Laboratory 214 (Fund of Fitness)	1
†Kinesiology Laboratory	1	†Health Studies 132 (Personal Health)	2
Orientation 101	<u>0-1</u>	†Health Studies 131 (First Aid & CPR)	<u>2</u>
	18-19		16

SECOND YEAR

*English 230, 231, or 232 (Literature)	3	Communication 210 or 211 ⁵ (Public Speaking)	3
†Kinesiology 275 (Anatomical Kinesiology)	3	†Physics 192/194 (General Physics 2)	4
History 201 or 202 (American History)	3	†Kinesiology Lab	1
†Physics 191/193 (General Physics 1)	4	†Health Studies 162 (Drugs & Society)	3
*Zoology 250/252 (Anatomy & Physiology 1)	4	†Math 241 (Statistics)	3
†Kinesiology Laboratory	<u>1</u>	†Zoology 251/253 (Anatomy & Physiology 2)	<u>4</u>
	18		18

THIRD YEAR

†Kinesiology 321 (Motor Learning)	3	†Chemistry 265/267 (Organic Chemistry)	4
†Kinesiology 372 (Biomechanics)	3	†Kinesiology 436 (Sport Psychology)	3
†Kinesiology 392/393 (Exercise Physiology)	3	†Kinesiology Lab	1
†Family and Consumer Sciences 342 (Nutrition)	3	†English 230, 231, 232 or 322 ⁴ (Lit or Tech Writing) ..	3
†General Biology 200 (Cell Biology)	3	Music, Visual Arts, Dance, Theater	3
†Kinesiology 362 (Sport History)	<u>3</u>	†Kinesiology 424 (Fitness Testing & Prescription)	<u>3</u>
	18		17

FOURTH YEAR

†Kinesiology 434 (Clinical Aspects of Fitness)	3	†Kinesiology 410 (Practicum/Internship)	<u>6</u>
Social/Behavioral Elective	3		
†Kinesiology 326 (Strength/Conditioning)	3		
†Family and Consumer Sciences 411 or 432	3		
†Electives	<u>7</u>		
	19		

Total semester hours required

130-131

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† Major course, grade of "C" or higher is required.

* Grade of "C" or higher is required.

¹ Chemistry 121/123 needed; prerequisite for subsequent courses.

² Math 161 recommended; prerequisite for subsequent courses.

³ Psychology 101 recommended.

⁴ English 322 recommended.

⁵ Communication 211 recommended.

Social/Behavioral Electives selected from Anthropology, Economics, Geography, Political Science, Psychology, Sociology. Recommended electives for Pre-Physical Therapy students include Psychology 204 and 422, Microbiology 223, General Biology 153/154, Zoology 332 and 392.