



**Minor in Exercise Science  
Department of Kinesiology and Health Studies  
Southeastern Louisiana University**

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The minor in Exercise Science is open to undergraduate students at SLU, other than those majoring in Kinesiology. All courses are offered on a regular basis at least twice a year. A grade of C or higher is required in all courses. Courses marked \* are those with specific prerequisites.

Courses required are:

KIN 321 (Motor Learning)

KIN 372 (Biomechanics)

\*KIN 392 (Exercise Physiology)

\*KIN 426 (Strength Development and Conditioning Programs)

\*KIN 436: Psychosocial Dimensions of Physical Activity

\*KIN 424 (Fitness Testing and Prescription)

or \*KIN 434 (Clinical Aspects of Exercise Testing and Prescription)