

BS in Health and Physical Education (K-12)

2009-2010 Catalog

FIRST YEAR		FIRST YEAR	
FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
*English 101 (Freshman Composition)	3	*English 102 (Critical Reading & Writing).....	3
*Mathematics 161 ³ (College Algebra).....	3	*Mathematics 162 or 241 (Trig or Statistics)	3
*Psychology 101 (General Psychology).....	3	*Chemistry 101/103 or 121/123 (Chemistry + Lab).....	4
*General Biology 151/152 (Genl Biology + Lab)	4	†Kinesiology 190 (Intro to Kinesiology).....	1
†Kinesiology Lab 2xx ¹	1	History Elective	3
Southeastern 101.....	<u>0-3</u>	†Health Studies 131 (First Aid & CPR)	2
	14-17	†Kinesiology Lab 2xx ¹	<u>1</u>
			17
SECOND YEAR			
*English 230, 231, or 232 (Literature).....	3	†Kinesiology 275 (Anatomical Kinesiology).....	3
*Zoology 250/252 (Anatomy & Physiology + Lab).....	4	†Kinesiology Lab 2xx ¹	1
†Kinesiology Lab 2xx ¹	1	†Kinesiology Lab 2xx ¹	1
†Kinesiology Lab 2xx ¹	1	†Educational Psychology 301 (Ed Psychology).....	3
††Education 203 (Foundations of Education)	2	†Kinesiology 251 (Motor Development).....	3
†Education 212 (Diversity in Education).....	1	Social/Behavioral Elective ²	3
*Communication 210 (Comm in the Classroom)	3	†Health Studies 162 (Drugs & Society)	<u>3</u>
†Health Studies 132 (Personal Health).....	<u>3</u>		
	17		17
THIRD YEAR			
†Kinesiology 321 (Motor Learning).....	3	†Kinesiology 431 (Measurement & Evaluation).....	3
†Kinesiology 392 (Exercise Physiology).....	3	†Kinesiology 443 (Org and Admin of PE)	3
†Educational Psychology 315 (Class Motiv & Mgmt).....	3	†Health Studies 461 (School Health Program).....	3
†Health Studies 251 (Human Sexuality).....	3	†Kinesiology Lab 2xx ¹	1
†Kinesiology Lab 2xx ¹	1	†Kinesiology Lab 2xx ¹	1
†Kinesiology Lab 2xx ¹	1	†Kinesiology 351 (Elementary PE Methods)	3
†Kinesiology 436 (Sport & Exer Psychology)	<u>3</u>	Music, Art, Dance, or Theater Elective	<u>3</u>
	17		17
FOURTH YEAR			
†Kinesiology 372 (Biomechanics).....	3	†Education 486 (Student Teaching)	<u>9</u>
†Kinesiology 460 (Secondary PE Methods).....	3		9
†Education 472 (Teaching Reading in Content Areas).....	3		
†Kinesiology 491 (Adapted Physical Education)	3		
†Health Studies 402 (Health Methods).....	<u>3</u>		
	15		

Total semester hours required: 123-126

Southeastern 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† Major course; grade of C or higher is required.

†† Major course; grade of B or higher is required.

* Grade of "C" or higher is required.

¹ Kinesiology Labs required for this degree are: 209, 210, 212, 213, 214, 217, 218, 219, 221, 222

² Social/Behavioral Electives must be selected from Anthropology, Economics, Geography, Political Science, Psychology, and Sociology.

³ Students with an ACT Math score of 20 or lower will take Math 155 (5 credit hours) in place of Math 161, which will increase 2 credit hours the total number of hours required for the degree.